

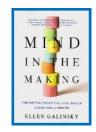
# The Quality Times

**Winter 2019** 



# Mind In The Making! Fairmont · Marion County

Mind in the Making is an 11-part learning process that uses research on children's development, including classic and recent studies on how children learn and how teaching can encourage engaged learning.



# Overview Session for Center and Facility Director's Wednesday – February 20th – 9:30 am to 11:30 am

The overview session is mandatory for child care center/facility directors to attend **before** a staff person can attend

If a Director has attended in the past, they do not need to re-attend

#### **Interested Participants Must:**

Work in a child care setting
Be registered on the WV STARS Career Pathway

#### **Participant Sessions**

Wednesday - February 27th	9:30 am ~ 3:30 pm
Wednesday - March 6th	9:30 am ~ 3:30 pm
Wednesday - March 13th	9:30 am ~ 3:30 pm
Wednesday - March 20th	9:30 am ~ 3:30 pm
Wednesday - March 27th	9:30 am ~ 3:30 pm
Wednesday - April 3rd	9:30 am ~ 3:30 pm

\*Participant homework is required as part of this 45 WV STARS credit hour series.

This module series will be taught by our Early Childhood Specialist - Missy Cuppett

#### **Upon completion:**

Each participant will receive a copy of Mind in the Making: Seven Essential Life Skills

Every Child Needs by Ellen Galinsky

1 set of books used throughout the modules will be provided to each center/facility/family child care home.

Book sets will be limited to one set per center regardless the number of participants representing a center

## Are You Ready to be a Brain Builder?

Please Register on the WV STARS website

Call Missy Cuppett if you have any questions? 304-366-3615

Register Today!
Only 15 Spots
Available

#### **CCRC Office Locations**

#### Hancock County

#### Tuesday's & Wednesday's

100 Municipal Plaza, Suite 600 Weirton, WV 26062 Contact the Wheeling Office for Questions

#### Ohio & Marshall County

2000 Main Street, Suite 100 Wheeling, WV 26003 304-232-1603 or 800-585-1603

#### **Marshall County**

#### Wednesday's -- 9:00 am to 12:00 pm

400 Teletech Drive Suite 2 Moundsville, WV 26041 304-843-4120

#### **Monongalia County**

965 Hartman Run Rd., Suite 1103 Morgantown, WV 26505 304-292-7357 or 888-272-7357

#### **Marion County**

118 Adams Street - Suite 201 Fairmont, WV 26554 304-366-3615

#### Tyler & Wetzel County

1236 N. State Route 2 New Martinsville, WV 26155 304-455-0920

Visit our website at: <a href="http://www.ccrcwv.org/">http://www.ccrcwv.org/</a>

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#### January, February, March Training Calendar

#### To register please visit www.wvstars.org

#### **Hancock/Brooke County**

<u> Mary H. Weir Library -- 3442 Main Street - Weirton</u>

January 15, 2019 (Tuesday) ITERS 5:30 pm - 7:30 pm

Importance & Value in the Classroom

The Children's Academy -- 3404 Main Street - Weirton

March 26, 2019 (Tuesday) Making a Difference: Reporting and 6:00 pm - 8:00 pm

Preventing Child Abuse & Neglect

#### **Marshall/Ohio County**

#### CCRC -- 2000 Main Street - Wheeling

ı	January 16, 2019 (Wednesday)	Making a Difference: Reporting and	6:30 pm - 8:30 pm
		Preventing Child Abuse & Neglect	
ı			

January 10, 2019 (Thursday) Medication Administration 5:30 pm - 8:30 pm

January 15, 2019 (Tuesday) Let's Make a Menu 6:30 pm - 8:30 pm

January 31, 2019 (Thursday)

Beans...More Than Just Cute Songs

6:30 pm - 8:30 pm

February 12, 2019 (Tuesday)

Child Development & Assessment

6:30 pm - 8:30 pm

of Young Children

February 21, 2019 (Thursday) Play Smart 6:30 pm - 8:30 pm

February 27, 2019 (Tuesday) Battling the Biter 6:30 pm - 8:30 pm

March 21, 2019 (Thursday) Communicable Disease 6:30 pm - 8:30 pm

#### Glen Dale Child Care Center -- 700 Wheeling Avenue - Glen Dale

January 3, 2019 (Thursday) Infection Control in the Child Care Setting 6:30 pm - 7:30 pm

#### Tyler/Wetzel County

#### 215 Main Street - New Martinsville

March 27, 2019 (Wednesday) Infection Control in the Child Care Setting 6:30 pm - 7:30 pm

## Words of Wisdom from a Snowman



It's okay to be a little bottom heavy, don't get too much Sun. Everyone "nose" carrots are good for you. Be a jolly, happy soul. It takes a few extra rolls to make a good midsection. It's fun to hang out in your front yard. Remember we're all a bit flaky. Wearing white is always appropriate and

cessorize - Accessorize - Accessorize!







#### **Monongalia/Marion County**

#### CCRC -- 965 Hartman Run Road - Morgantown

January 7, 2019 (Monday)	No Bad Kids Education About Biting Behaviors	6:00 pm - 8:00 pm
January 24, 2019 (Thursday)	Sensory Play: Let's Have Some Fun	6:30 pm - 8:30 pm
January 17, 2019 (Thursday)	Medication Administration	5:30 pm - 8:30 pm
January 28, 2019 (Monday)	Making a Difference: Reporting and Preventing Child Abuse & Neglect	6:00 pm - 8:00 pm
February 27, 2019(Wednesday)	Let's Make a Menu	6:30 pm - 8:30 pm
March 6, 2018 (Wednesday)	Communicable Diseases	6:30 pm - 8:30 pm
March 21, 2019 (Thursday)	Play Smart	6:30 pm - 8:30 pm

#### Marion County Library -- 321 Monroe Street - Fairmont

February 5, 2019 (Tuesday) Developmentally Appropriate Practice 6:30 pm - 8:30 pm



#### The 22<sup>nd</sup> Annual Celebrating **Connections Conference**



**April 10-12 2019** 

Civic Center Charleston, WV Check us out on Facebook for updates, and a chance to win one of eight FREE conference registrations being given away!

https://www.facebook.com/CelebratingConnectionsConference/

# **WV Child Care Health Educator Trainings**

### **Types of Trainings:**





Renee Y. Stonebraker, RS WV Child Care Health Educator 15599 North Preston Highway Bruceton Mills, WV 26525 Text/Call: 304-710-9695

rstonebraker@rvcds.org

Oral Health **Picky Eaters** Let's Move Indoor/Outdoor Safety Safe Sleep Practices Let's Make a Menu Breastfeeding Basics All that Sugar and Fat **Understanding Special Dietary Needs** Bed Bugs and Beyond Beans...More Than Just Cute Songs Being a Good Role Model

Stress Management New Recipe Ideas







#### Training Topics Offered January - March

<u>Battling the Biter</u>- Child Growth & Dev.; Environment & Curriculum - *Intermediate Level -- Linda Reeves*Biting is an inevitable part of life for children in child care, particularly with infants and toddlers. This training explores some of the reason why children bite (infants, toddlers and preschoolers) and outlines some strategies on how to address biting situations in child care settings

#### Beans....More Than Just Cute Songs - HSN - Basic Level - Renee Stonebraker

Nutritional and health benefits of beans, how to use beans in a CAAFP menu, bean recipe's and warnings about beans.

<u>Child Development and Assessment of Young Children</u> - CGD and Child Ob. & Assm't - Basic Level - Becca Lief This training examines the biological, psychological and emotional stages of child development. Developmentally appropriate assessments will be presented and utilized as participants assemble portfolios.

#### **Communicable Diseases** - HSN - Basic Level - Ronda Hopkins

Communicable diseases are common in child care settings. This training will provide information about how to recognize and treat common childhood infectious disease. This includes information about symptom recognition and guidelines for exclusion.

#### <u>Developmentally Appropriate Practices in Early Childhood Programs</u> - Professionalism & Leadership - Basic Level -- Missy Cuppett

Providers will gain an awareness of what appropriate ethical responsibilities they hold as child care providers. The Code of Ethics will be discussed as well as the difference between the Code of Ethics and Personal Values in the child care setting.

#### Infection Control in the Child Care Setting- HSN - Basic Level -- Ronda Hopkins

During this training we will review Blood borne pathogens and transmission; Universal Precautions; Gloving; EPA information and disinfecting/sanitizing solutions and Exclusion. **This is a 1 Hour Training**.

<u>ITERS - Importance and Value in the Classroom</u> - Envir. & Curriculum- Intermediate Level -- Janice Barnett The Infant/Toddler Environment Rating Scale-Revised is designed to assess group programs for children from Birth to 2 1/2 years of age. This training will provide an overview of the ITERS-R and allow participants the opportunity to practice observing and rating infant/toddler classroom environments. The training is geared to Center Directors and Infant/Toddler Teachers.

#### Let's Make a Menu- HSN - Tier 1 -- Renee Stonebraker

Join us to learn about MyPlate food groups, Leap of Taste guidelines, and how to build a menu with Leap of Taste.

# <u>Mandated Reporter: Reporting and Preventing Child Abuse & Neglect</u> - HSN-Basic Level -- Linda Reeves in Wheeling --- Sydney Cheesebrough in Morgantown

This training is the approved course for child care providers in recognizing, reporting and preventing child abuse and neglect. This includes understanding the role of the mandated reporter, recognizing warning signs of child abuse and neglect and increasing protective factors for families and communities

#### <u>Medication Administration</u> - HSN - Intermediate Level -- Ronda Hopkins

This is the training that is required that allows child care providers to administer medications to children in the child care setting. Topics include state regulation requirements, best practices and special situations. The participant must complete requirements of the training in order to be able to administer medications.

# No Bad Kids - Education About Biting Behaviors - HSN - Basic Level - Sydney Cheesebrough A beginners look into the function of children's biting behaviors; there are no bad kids and there are no "biters", just children with behaviors that require additional support. Learn about the stages of development and their relation to biting behaviors, functions of biting behaviors and ideas for working with children with biting behaviors.

#### Play Smart - Environment & Curriculum - Intermediate Level -- Chris Gillis

Participants will review and discuss the benefits of child-directed and adult-facilitated play and learning. This training is geared for all child care providers.

#### <u>Sensory Play: Let's Have Some Fun</u> - Basic Level -- Chrissy Pownell

Why sensory play? Come and explore the benefits of sensory play and learn how to incorporate it into your day.

# **Professional Development Opportunities**

# **Understanding Pre-Schoolers**



Based on the Winning Ways for Early Childhood Professionals by Gigi Scweikert

This 8 hour module series PLUS 1 hour Technical Assistance visit will give early childhood educators a better understanding and appreciation of how preschoolers develop, learn, communicate and typically behave. This training will include group discussions and activities which will help participants to take their new skills and confidence into their classroom and better prepare their students for their transition into kindergarten. The Understanding Preschoolers module series is best geared towards preschool/pre-kindergarten teachers or those working with children between the ages of 3 and 5 years old.

#### Module 1 -- Tuesday - March 5th

Session I: Introduction to the Winning Ways Series/Understanding Preschoolers

Session II: Understanding How Preschoolers Learn

Module 2 -- Tuesday - March 12th

**Session I: Planning for Success** 

Session II: Learning to Interact with Preschooler

Module 3 -- Tuesday - March 19th

Session I: Communication

Session II: Dealing with Separation

Module 4 -- Tuesday - March 26th

Session I: Helping Preschoolers Better Rest and Relax

Session II: Guiding Behavior

#### All module trainings held 5:30 pm to 7:30 pm at the Marion County Library

Upon completion of module series and Technical Assistance visit participants will be awarded Developmentally Appropriate Resources and 9 WV STARS hours 2 Hours in Child Growth & Development - 2.5 Hours in Family & Community Relationships and 4.5 Hours in Environment and Curriculum

For more information, please call Missy Cuppett at 304-366-3615

# **West Virginia Child Care Association**



Please mark your calendars to attend the West Virginia Child Association's Annual Conference for

Family Child Care Providers

Saturday - March 2, 2019

If you would like to be involved with the planning committee , please call Tammy at 304-816-7691

**More Information Coming Soon!** 











#### Wheeling & Morgantown Child Care Resource Center



Participants must work with subsidized children up to 35 months for 20 hours or more a week.

#### Wheeling

2000 Main Street - Wheeling, WV

#### First Class Will be the Week of April 3, 2019

Information regarding the date and time of class as well as the Administrators Module will be announced soon.

Please Call Janice to Register or for more Information 304-232-1603

#### **Morgantown**

965 Hartman Run Road - Suite 1103 - Morgantown, WV

#### **Administrators Module**

Tuesday - February 26, 2019 -- 10:00 am to 3:30 pm

Administrators MUST attend Administrators Session one time
only and MUST be registered on WV STARS

#### **WVIT I**

First Class Begins Thursday - March 7, 2019

Last Class Thursday May 23,2019

Administrators and Participants will receive schedule of class days and times.

Please Call Chrissy to Register 304-292-7357

# Welcome

## **Ronda Hopkins - Nurse Health Consultant**

Child Care Resource Center is pleased to announce the addition of the new Nurse Health Consultant, Ronda Hopkins. Ronda will be serving the 8 counties of CCRC. Ronda's background includes a BS in Child Development and Family Studies from West Virginia University and she obtained her Nursing degree from Fairmont State University. She has been working as a nurse for 16 + years in many different areas. She has worked in Labor and Delivery/OB, Same Day surgery, Pre and post op, Endoscopy and for the past 7 years she worked as a school nurse in Marion Co. Ronda is thrilled to be



l able to be in this position that not only combines her education background but allows her to help keep children healthy and happy. She is looking forward to helping and working with the child care providers in our area. In her spare time Ronda also volunteers as a nurse for the local high school band. Ronda and her husband Alan live in Fairmont with their 2 dogs and several cats. They have 2 children, Daniel, who is in nursing school and Alyssa, who is a freshman at WVU studying biology with hopes to become a dentist one day. Ronda is located in Morgantown, you can contact her at 304-840-2482 or rhopkins@rvcds.org.

# **Professional Development Opportunities**

### **Behavioral Management: Winning Ways for Early Childhood Professionals**

Based on the Winning Ways series by Gigi Scweikert

This module series is intended to provide an in-depth training on the inner-workings of Early Childhood Behavior. Training will teach and discuss the various functions of behavior, strategies and techniques to identify the function of behavior, self reflection in thoughts, beliefs and processes of working with children. The development of strong individuals goals and ideas regarding coping and managing behaviors as well as extensive support and group discussion to advance personal understanding and confidence in the knowledge of how to address challenging behavior.

Module 1 Responding to Behavior I	Monday - February 11th
Module 2 Responding to Behavior II	Monday - February 25th
Module 3 Supporting Behavior I	Monday - March 4th
Module 4 Supporting Behavior II	Monday - March 11th
Module 5 Responding to Challenging Behavior I	Monday - March 18th
Module 6 - Responding to Challenging Behavior II	Monday - March 25th

### All module trainings held 6:00 pm to 8:00 pm at the CCRC in Morgantown

Participants must attend all 6 module trainings for successful completion.

Upon completion, participants will be awarded 12 WV STARS hours, a completion certificate and a resource for use in their childcare setting.

For more information, please call Sydney Cheesebrough at 304-292-7357

# **CCRC Staff Make the Switch!**

#### Chris Gillis and Becca Lief have switched positions

Chris Gillis, who was our Early Childhood Specialist in Wheeling, has moved into the position of TRAILS Specialist.

Becca Lief, who was our TRAILS Specialist, has moved to the Early Childhood Specialist position.

Both Chris and Becca have talents and strengths that will bring quality care and services to the child care providers I in our region.

You can reach Chris or Becca at 304-232-1604 or email:

chris.l.gillis@wv.gov

rehecca Llief@wy gov



# **CCRC Is Now On**







Family Child Care Meetings are held in
Wetzel & Tyler Counties - Ohio & Marshall Counties - and
Hancock and Brooke Counties.

These meetings are a wonderful time for Family Child Care
Providers to come together to meet and discuss challenges,
share ideas and receive WV STARS training.

If you are interested in attending, just give us a call.

304-232-1603



Director's Meetings are held quarterly in Hancock, Ohio, Monongalia and Marion Counties.

Director's will receive notification of meetings via e-mail. If you would like more information, please call your local CCRC Office.

# Concerned about your child's development?

# Get help early!

Call 1-866-321-4728 www.WVDHHR.org/Birth23



Services are provided in the child's natural environment & at no cost to families.

Eligibility is not based on income.

WV Birth to Three RAU-I is a program of:



WV Birth to Three services and supports are provided under Part C of the Individuals witl Disabilities Act (IDEA) and administered through the WV Department of Health and Humai Services Office of Maternal Child and Family Health.



Are you looking for an agency or individual who offers CPR & First Aid Classes?

Please call your local Child Care Resource Center.

Do You Have questions about Medication Administration or have a question for a nurse?

You can call Ronda Hopkins-Child Care Nurse Health Consultant 304-840-2482 or <a href="mailto:rhopkins@rvcds.org">rhopkins@rvcds.org</a>



Child Care Resource Center 2000 Main Street - Suite 100 Wheeling, WV 26003