

The Quality Times

Winter 2017 🔬



Calling All Centers!!



Renee Stonebraker, WV Child Care Health Educator, can host free, WV STARS registered trainings on health, safety, and nutrition topics. Some of the training topics are listed, but feel free to request topics!



Renee Y. Stonebraker, RS WV Child Care Health Educator 9404 North Preston Highway Albright, WV 26519 Text/Call: 304-710-9695 rstonebraker@rvcds.org www.wvearlychildhood.org www.rvcds.org



Just a

reminder...

Do you have a special request for training or would you like some one-on-one technical assistance? Just give us a call at 304-232-1603 and we will be happy to help.

Child Care Resource Center no longer accepts phone calls to register participants for scheduled trainings.

If you would like to sign up for a training you need to register on line at www.wvstars.org

If you do not have a WV STARS number you will not get credit for training received.

CCRC Office Locations

Hancock County Tuesday's & Wednesday's 100 Municipal Plaza, Suite 600 Weirton, WV 26062 Contact the Wheeling Office for Questions

> **Ohio & Marshall County** 2000 Main Street, Suite 100 Wheeling, WV 26003 304-232-1603 or 800-585-1603

Marshall County Wednesday's -- 9:00 am to 12:00 pm 400 Teletech Drive Suite 2 Moundsville, WV 26041 304-843-4120

Monongalia County

965 Hartman Run Rd., Suite 1103 Morgantown, WV 26505 304-292-7357 or 888-272-7357

Marion County 118 Adams Street - Suite 201 Fairmont, WV 26554 304-366-3615

Tyler & Wetzel County 1236 N. State Route 2 New Martinsville, WV 26155 304-455-0920 Visit our website at:

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http://www.ccrcwv.org/

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MDES OF Training S:

Understanding Special • **Dietary Needs** Let's Move

Oral Health

- Indoor/Outdoor Safety
- **Picky Eaters**
- Beans...More Than Just **Cute Songs**
- Being a Good Role Model
- **Breastfeeding Basics**
- Bed Bugs and Beyond
- All that Sugar and Fat

Safe Sleep Practices Let's Make a Menu



January, February, March Training Calendar

To register please visit <u>www.wvstars.org</u>

Hancock/Brooke County

1	Aary H.	Weir Library	3442	Main Street - Weirton

January 5, 2017 (Thursday)	It's All About Relationships Parents as Partners	5:30 pm - 7:30 pm
February 23, 2017 (Thursday)	Developmentally Appropriate Practice	5:30 pm - 7:30 pm
March 9, 2017 (Thursday)	Tots and Blocks	2:00 pm - 4:00 pm

Follansbee Library -- 844 Main Street - Follansbee

January 24, 2017 (Tuesday)	Battling the Biter	5:00 pm - 7:00 pm
March 14, 2017 (Tuesday)	Making a Difference: Reporting and Preventing Child Abuse & Neglect	1:00 pm - 3:00 pm
<u>Marshall/Ohio County</u>		
<u>C(</u>	<u> CRC 2000 Main Street - Wheeling</u>	
January 23, 2017 (Monday)	Infant/Toddler Brain Development	6:30 pm - 8:30 pm
January 30, 2017 (Monday)	Infectious Diseases	6:30 pm - 8:30 pm
February 9, 2017 (Thursday)	Providing Culturally Sensitive Care	3:00 pm - 5:00 pm
February 13, 2017 (Monday)	Making a Difference: Reporting and Preventing Child Abuse & Neglect	6:30 pm - 8:30 pm
March 13, 2017 (Monday)	Medication Administration	6:00 pm - 9:00 pm
March 29, 2017 (Wednesday)	Being A Good Role Model	6:30 pm - 8:30 pm

<u>Glen Dale Child Development Center -- 700 Wheeling Avenue - Glen Dale</u>

March 23, 2017 (Thursday)	Conscious Discipline Overview	6:00 pm - 8:00 pm
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Marshall County Library -- 700 5th Street - Moundsville

February 22, 2017 (Wednesday)	Infectious Diseases	5:30 pm - 7:30 pm
1 Cordary 22, 2017 (Weardsday)	Inficultus Discuses	5.50 pm 7.50 pm

Tyler/Wetzel County

Wetzel County Library - 160 Washington Street - New Martinsville

January 10, 2017 (Tuesday) Tots and Blocks 5:00 pm - 7:00 pm

Monongalia/Marion County

CCRC -- 965 Hartman Run Road - Morgantown

January 19, 2017 (Thursday)	Being A Good Role Model	6:00 pm - 8:00 pm
February 6, 2017 (Monday)	Ear Infections & Dealing with Lice	6:00 pm - 8:00 pm
February 16, 2017 (Thursday)	Battling the Biter	2:00 pm - 4:00 pm
March 6, 2017 (Monday)	Medication Administration	6:00 pm - 9:00 pm
March 21, 2017 (Tuesday)	ITERS-Importance & Value in the Classroom	2:00 pm - 4:00 pm

Marion County Adult & Community Education Center -- 601 Locust Avenue - Fairmont

January 11, 2017 (Wednesday)	Making a Difference: Reporting and Preventing Child Abuse & Neglect	6:00 pm - 8:00 pm
February 7, 2017 (Tuesday)	Being A Good Role Model	6:00 pm - 8:00 pm
March 9, 2017 (Thursday)	Infant Toddler Brain Development	6:00 pm - 8:00 pm

Family Child Care Providers

Get 4 Hours of WV STARS Credit in the Comfort of Your Own Home!





Designing Developmentally Appropriate Days - Child Growth and Development (1 hour)

Environment & Curriculum (1 hour) - Intermediate Level -- Janice Barnett

This training will provide an overview of Developmentally Appropriate Practice (DAP) - meeting children where they are to help them reach challenging and achievable goals. The participants will engage in activities that are developmentally appropriate and will learn what a DAP classroom looks like. Handouts will be given to support DAP in the classroom. *This training is intended for infant/toddler and preschool teachers, family in-home providers and directors of centers.*

Battling the Biter - Child Growth & Development - Intermediate Level -- Linda Reeves

Biting is an inevitable part of life for children in child care, particularly with infants and toddlers This training explores some of the reason why children bite and outlines some strategies on how to address situations in child care settings.

<u>Being a Good Role Model</u> - HSN (1 hour), Child Growth & Dev. (.5 hour), Environment & Curriculum (.5 hour) Basic Level -- Renee Stonebraker

This training focuses on how adult's words and actions can affect children's health habits, including personal hygiene, food choices and physical activity.

<u>Conscious Discipline Overview</u> - Child Growth and Development - Basic Level -- Linda Reeves

This training will provide an overview of Conscious Discipline- a comprehensive classroom management and social emotional curriculum. It is based on brain research, child development information, and developmentally appropriate practices and includes strategies for responding rather than reacting to life events. *This training is geared for anyone working with children in childcare.*

Ear Infections and Dealing with Lice - HSN - Intermediate Level -- Lisa Yost

This session will cover the common childhood issues of ear infections and lice. Steps to prevent and treat will be discussed as well as how to identify these common and sometimes frustrating issues that cause children to be absent from care.

Infant/Toddler Brain Development - Child Growth and Dev. (1.5 hours) Environment & Curriculum (.5 hour)-Basic Level -- Chrissy Pownell

Join us to discover how you as a child care professional can help infants and toddlers brains grow and develop. We will discus, how brains are built over time; the structure of the brain; how interactive influences of genes and experiences shape the brain; what harms the brain and how infants have their own "curriculum" *This training is geared for anyone working with infants and toddlers*.

Infectious Diseases - HSN - Intermediate Level -- Lisa Yost

This session will cover 1 hour of infection control and 1 hour of common communicable diseases.

It's All About Relationships...Parents as Partners - Family and Community Relationships -

Intermediate Level -- Janice Barnett

This training is designed to help teachers/caregivers maintain an open, friendly and cooperative relationship with each child's family. Strategies will be provided to encourage parent involvement as well as hands on activities to support the child and family relationship. *This training is geared toward family in-home providers, center teachers and directors.*



<u>ITERS - Importance and Value in the Classroom</u> - *Envir. & Curriculum- Intermediate Level -- Janice Barnett* The Infant/Toddler Environment Rating Scale-Revised is designed to assess group programs for children from Birth to 2 1/2 years of age. This training will provide an overview of the ITERS and allow participants the opportunity to practice observing and rating infant/toddler classroom environments.

<u>Mandated Reporter: Reporting and Preventing Child Abuse & Neglect</u>-HSN-Intermediate Level -- Cathy Knox This training is a comprehensive training session for mandated reporters of child abuse and neglect.

Medication Administration - HSN - Intermediate Level -- Lisa Yost

This session will discuss proper administration of medication in the child care setting; guidelines of the WV Child Care Center Regulations (Minimum 5 - Maximum 20)

Providing Culturally Sensitive Care - Family & Community -- Intermediate Level -- Janice Barnett By providing culturally sensitive care, teachers build children's confidence, competence and connections. This training will provide keys to providing culturally sensitive child care which will include discussions, videos, role play and relationship building strategies. This training is geared toward family in-home providers, center teachers and directors.

<u>Tots and Blocks</u> - Child Growth & Dev. (1 hour) and Environment & Curriculum (1hour) - Intermediate Level Amy Morrow

This training will dive into your block area as we look at the benefits of block play, ways to set up the environment to promote exploration and learning. We will discuss block area materials and organization and activities to support development and problem solving skills. *This training is geared towards childcare providers working with children aged Infant/Toddler to School Age.*



On occasion a training will be listed in our newsletter or you will be notified of a special training event being offered that has not yet been listed on the WV STARS training calendar when you try to register. If this happens, please keep checking back with the WV STARS website so see when the training has been added.

Also, if you do not have a WV STARS number, you will not receive credit for the training you attended. You must have a WV STARS Number. Its easy to do just go to <u>www.wvstars.org</u> click on the Professionals Tab, click Join and follow the steps.

What is the Key 2 a Healthy Start for WV's Children?

Did you know that approximately 32% of children ages 2-19 are overweight or obese? The trend begins in early childhood with 27% of children ages 2-5. By taking part in the Key 2 a Healthy Start initiative, WV child care centers can become leaders in reducing childhood obesity rates in WV and raising a healthier generation of kids.

Key 2 a Healthy Start is a statewide quality improvement initiative in early care and education with the goal of preventing childhood obesity. Participating child care centers attend 3 one-day workshops that cover:

- Nutrition
- Physical activity
- Garden-based learning
- Personal health and wellness
- Parent Engagement & outreach
- Healthy celebrations



Workshop presenters include a pediatrician, registered dietician and pediatric exercise physiologist. Each participating program also receives on-site technical assistance visits after each workshop and will become part of a peer learning network. Key 2 a Healthy Start centers receive MyPlate portion plates and placemats, portable physical activity equipment, parent outreach materials, and much more! The workshops are free and WV STARS registered.

The 2017 workshop dates have not yet been determined, but will depend on the availability and preferences of participating centers. If you're interested in participating or would like more information, please contact Jessica Dianellos at <u>Jessica.Dianellos@camc.org</u> or call 304-388-3409.





<u>WVIT I</u>

Morgantown



Child Care Resource Center

Spring 2017

Participants must work with subsidized children up to 35 months for 20 hours or more a week and MUST be registered with WV STARS .

> If you have any questions please contact: Chrissy Pownell at 304-292-7357





COMING SOON

CCRC is pleased to announce the addition of our new TRAILS Associate, Debbie Hercules. Debbie comes to us with much experience and knowledge. Debbie has worked in the early childhood field for over 17 years, she has been a teacher assistant, lead teacher, teacher/staff supervisor and human resource assistant. Debbie is very excited to be at CCRC and is looking forward to meeting you.

Debbie is located in the Wheeling CCRC office located at 2000 Main Street.

You can contact her at 304-232-1603 or debra.l.hercules@wv.gov



CCRC is also very pleased to announce the addition of our new Child Care Specialist, Katie Hartman. Katie has previous case management experience in the mental health field and is excited to use her case management skills & experience here at the CCRC. Katie looks forward to meeting and working with our families and providers.

Currently Katie is located in the Morgantown office, but effective January 1, 2017 she will float between the Morgantown and Fairmont CCRC offices .

You can contact her at 304-292-7357 or maura.k.hartman@wv.gov

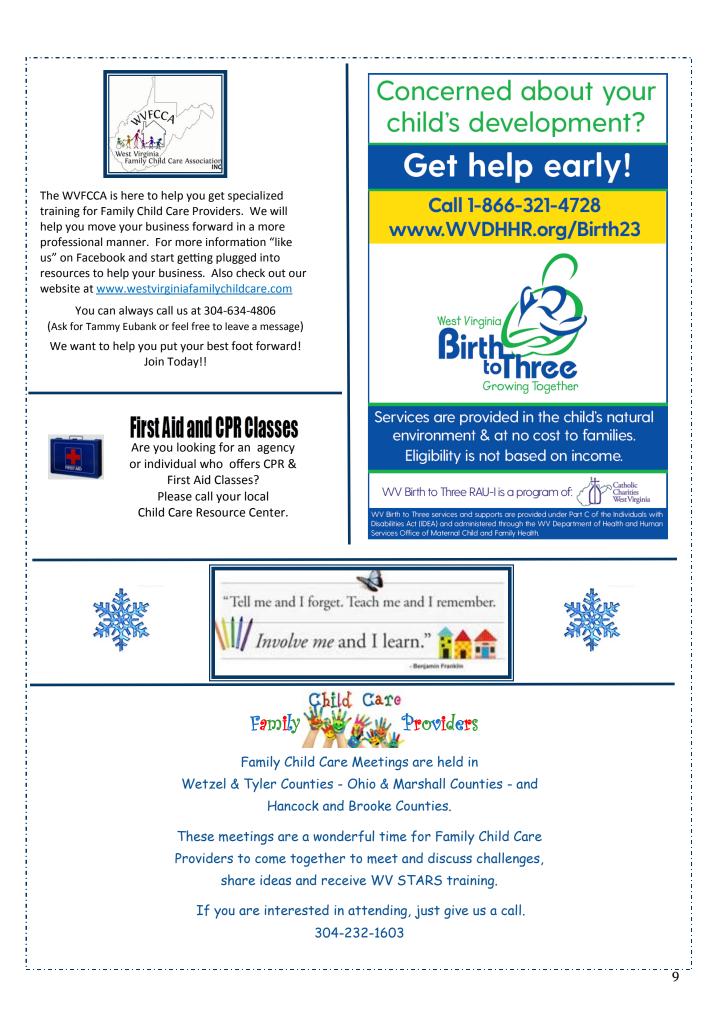
ACDS Instructor's Academy

Become an ACDS Instructor: •Professional Development Opportunity to be trained on the new Curriculum

•Opportunity to share your knowledge with those working in the field of early care and education NOW OFFERED IN TWO LOCATIONS June 13 - 15, 2017 Choices Resource & Referral 4421 Emerson Avenue Parkersburg, WV OR June 21 - 23, 2017 Mountain Heart South Childcare Resource & Referral 228 Ragland Road Beckley, WV

For more information: Please see attached information or contact: Sherrie Myers ACDS State Coordinator 304-523-0433 smyers@rvcds.org









Child Care Resource Center 2000 Main Street - Suite 100 Wheeling, WV 26003