Sun	Mon	Tue	Wed	Thu	Fri	Sat
Ja	hud	ry	20	22	□=Infant/Toddler■=Preschool Aged₩=School Aged◆=Social/Emotional	1 ●#◆ Welcome to 2022! Make a bucket list of things you would like to do this year as a family!
2 ■無◆ Make an indoor hop- scotch today using painters tape. Take turns playing!	3 Use baby dolls to name parts of the body and face. Read books that label these parts like "Where is baby's belly button".	World Braille Day Talk to your children about Braille, what is braille, who uses braille, and why. When you go out, look for it on signs, touch them to see how it feels!	National Bird Day Take a walk outside today, use your sense of sight and hearing to look and listen for birds. Talk about the birds you see, what do they look and sound like?	Snowball painting Using clothes pins, grab a pom pom, dip in white or light blue paint, and dap onto a darker blue piece of paper to make snowballs!	7 She savenger hunt today! Choose a color and ask your child to find 3 thing of that color. When they return, pick a new color and start over!	8 ● 電報 ◆ Create a journal with your child to record each days activities. Younger kiddos: Draw a picture instead!
9 ■₩ ► Photo fun! Take 10 different photos, print them out and create a photo album using construction paper.	Bubble Bath Day! Take a bubble bath today! ***It is recommended children under 3 do not take bubble baths for health and safety reasons***	Snow Paint Using squeeze bottles and food coloring, add several drops of coloring, slowly fill with water, shake, wipe off any coloring, and go paint in the snow! *Coloring may stain!*	Little People Ski Ramp Using cardboard boxes, make a ramp (ski slope) tape thick craft sticks to the bottom of little people, give them a little push to watch them ski down the slope!	Peek-a-Boo Scarves "Where o where is my friend (child's name) Peek-a-Boo! (repeat) "Where o where is my friend (name) (slowly) Playing Peek a boo!	Handprint Penguin Trace your child's hand on black paper, cut a white circle for the belly, an orange triangle for the beak, and 2 googley eyes. Have your child glue their penguin together!	National Hat Day! Wear your favorite hat everywhere you go today! Compliment a stranger on their hat!
Move around the furniture in your house to create enough room to practice tumbling or some kid yoga!	MLK Day Talk about MLK Jr today. Discuss the importance of being kind to others and help to make the world a better place!	Nature Mobile Gather objects on a walk: pinecones, small sticks, pieces of wood, etc. Make a mobile. Check out google for examples!	National Popcorn Day! Learn about the 5 senses with popcorn. What do you hear when it pops, what does it taste like, smell like, how does it feel when you touch it or crunch on it? Can you see the kernels as they pop?	lce Cube Play Fill one tub or bowl with ice and another with colored water. Invite your kiddo to move the ice to the water using labels or large spoons to see what happens.	21 ■無◆ Have a winter themed movie night! Watch Snow Buddies, Happy Feet, Snow Dogs, or any winter themed movie!	22 ■# Make several different types and sizes of paper airplanes. Fly them, record or mark the distance of each!
Around age 7 months, babies may begin to copy sounds you make. Practice making sounds during diaper changes!	Textured Shapes Use felt, Lego boards, fur, silk or other materials to glue on shapes. Children can trace with their fingers while you talk about the shapes, colors, and textures.	Tummy Time! Tummy time is so important for our infants. Just 3-5 minutes, 2-3 times a day will help baby to grow stronger!	lceberg Hop! Create a few icebergs out of paper or fabric and turn your floor into an Arctic ice field for your kids to hop from one patch of ice to the next!	27 ■無◆ As a family, shovel a neighbors driveway or sidewalk the next time it snows. It is a wonderful act of kindness and always appreciated!	National Lego Day! What can you build with Legos? A house? Tower? A car or boat? Use your imag- ination!	29
30 ■₩ Turn a pine cone into a bird feeder by adding peanut butter and bird- seed!	31 ○ ■# ♠ Do you want to build a snow- man?? Go outside and build a snowman today! Or Get creative and build a snow bear, penguin, or cat!		Enlarged cop http Please remember to a	Everywhere— Janu es are now available on ou For a copy, please visit: >s://ccrcwv.org/newsletter ways supervise your child tivities! Happy New Year	r website! 5/ when enjoying these	