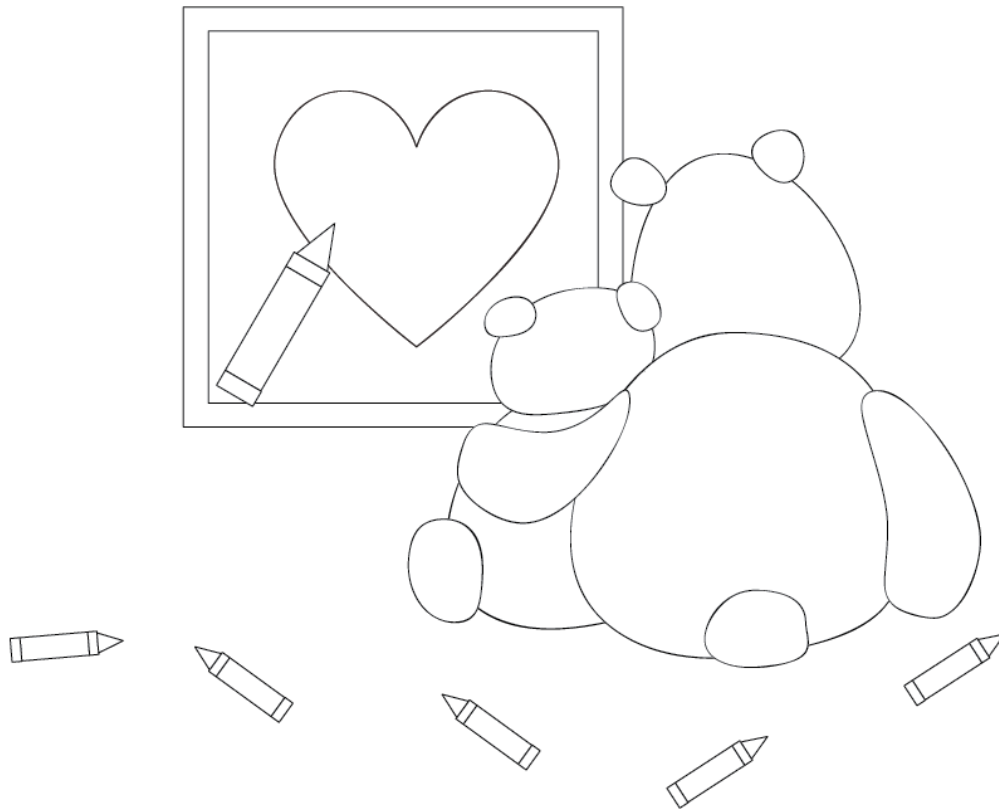


INSTITUTE FOR  
CHILDHOOD PREPAREDNESS  
DON'T BE SCARED. BE PREPARED.®  
childhoodpreparedness.org



# COPING THROUGH COLORING

**From your friends at:**



# A NOTE FROM ALL OF US:

## WELCOME

We hope this coloring book finds you safe and healthy. These are unprecedented times that will undoubtedly have generational impacts. During this time of uncertainty, we must find a bit of time each day to unwind, relax, and de-stress. We are hopeful that the following coloring book pages provide you with an outlet, or even a distraction. Rest assured that better days are ahead and we will get through this together. In the interim, slow down, take a breath, and focus on the things in your life that you can control.

## COLORING CONTEST!

Coloring Contest! We are excited to see your creativity shine through and look forward to seeing your finished products. We will be accepting submissions for our coloring book contest until June 30, 2020. We will be providing prizes for the winners. In order to submit your coloring book page for consideration: Snap a photo or scan your completed page and send it to [info@childhoodpreparedness.org](mailto:info@childhoodpreparedness.org) or tag us on Facebook, Instagram or Twitter.

Facebook: [facebook.com/ChildPrepared](https://www.facebook.com/ChildPrepared)

Twitter: [@childprepared](https://twitter.com/childprepared)

Instagram: [@childhoodpreparedness](https://www.instagram.com/childhoodpreparedness)

## ABOUT THE INSTITUTE FOR CHILDHOOD PREPAREDNESS

The Institute was founded in 2018 with one single mission - to provide the early childhood community with resources, tools, actionable tips, and cost-effective training courses to keep staff, parents, and children safe and secure.

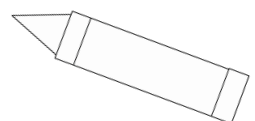
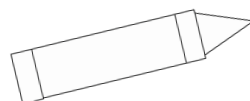
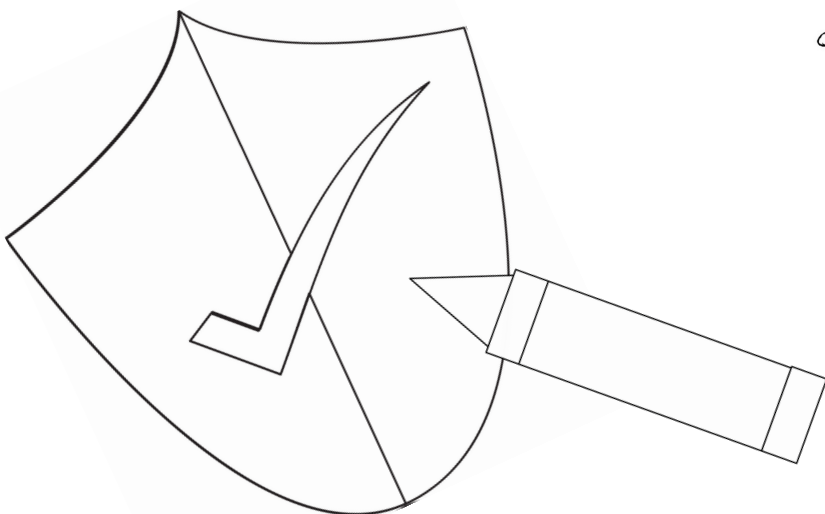
Our multidisciplinary team is made up of award-winning first responders, public health experts, pandemic preparedness experts, law enforcement officials, early childhood education specialists, and environmental health specialists. Our founder and Executive Director, Andrew Roszak, has over 20 years of pandemic preparedness experience at the local, state, and federal levels and an extensive background in environmental health, public health and emergency preparedness.

We are here to help and offer a wide variety of training options to suit your needs. Please do not hesitate to contact us if we can provide assistance to your program. We hope you enjoy this coloring book and we look forward to seeing you at a future training.



**Andrew R. Roszak**

Executive Director Institute for  
Childhood Preparedness

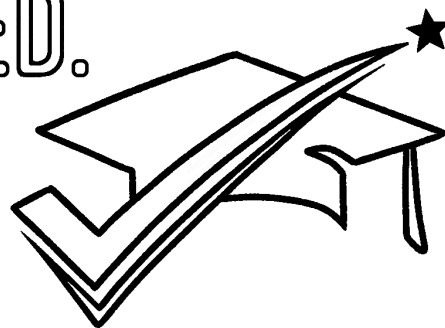




DON'T BE SCARED.

BE PREPARED.

[childhoodpreparedness.org](http://childhoodpreparedness.org)

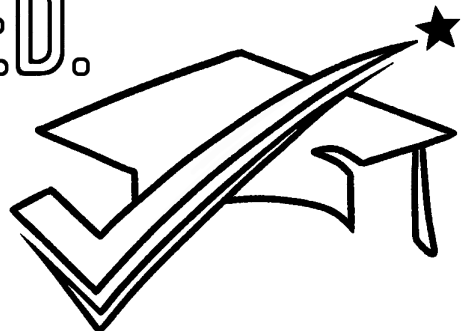


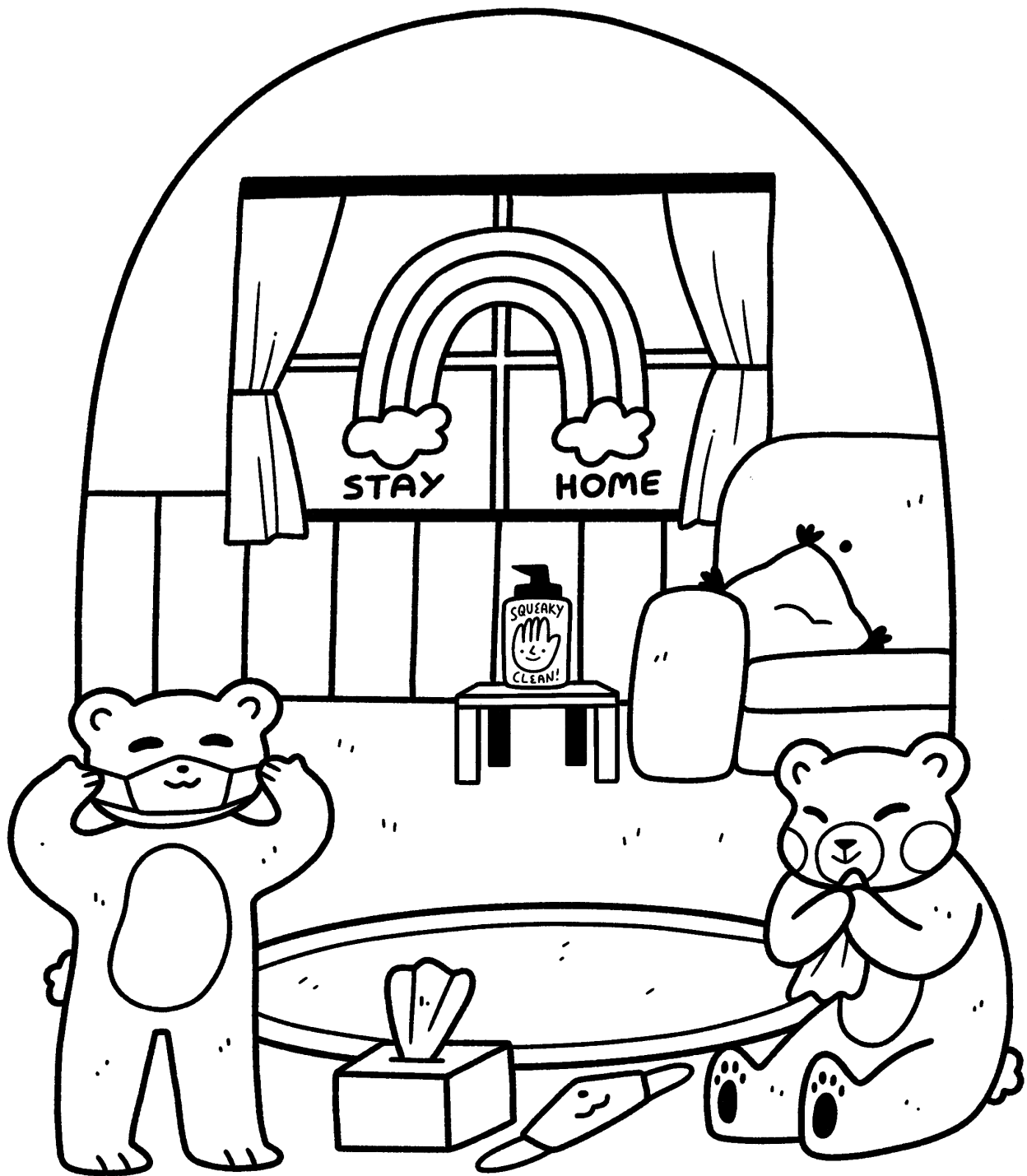


DON'T BE SCARED.

BE PREPARED.

[childhoodpreparedness.org](http://childhoodpreparedness.org)





DON'T BE SCARED.

BE PREPARED.

[childhoodpreparedness.org](http://childhoodpreparedness.org)

