



# **Child Care Resource Center**

# April, May, June 2013

Sponsored by
Catholic Charities,
West Virginia and
Funded by the WV
DHHR, Bureau for
Children & Families,
Early Care &

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# Celebrate!

# Week of the Young Child

April 14<sup>th</sup> – 20<sup>th</sup> 2013





### Congratulations/

Carolyn Mitchell of Morgantown, WV and Lisa Loughery of Fairview, WV received the West Virginia Training Certificate in Early Care and Education.

Read all about it on page 10!



# Jips from the Nurse's Desk Heidi Zbosnik RN



Heidi Zbosnik

Nurse Health Consultant

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#### **Germs: The Good! The Bad! The Ugly!**

Many people are confused between viral and bacterial illnesses. How are these illnesses spread? How are they treated? How are they different? Let's examine these factors and learn effective ways to keep our bodies healthy and happy.

Bacteria are tiny, single-celled organisms that survive by getting nutrients from their environments. This includes human beings; but, many can grow on non-living surfaces as well. Some bacteria are good; and can aide with digestion or be used to produce medicine and vaccines. Other bacteria are not so good, and can cause infections, such as strep throat or urinary tract infections, requiring treatments with antibiotics.

Viruses need living cells to survive. Some viruses can live for a very short time outside a living host, on surfaces like countertops and doorknobs. Viruses spread quickly and once they have entered a body, they are responsible for illnesses like colds and flus. They are also responsible for serious diseases like small pox and HIV. Antibiotics are not effective against viruses, but there are antiviral agents which do help treat selective viruses.

All germs can be spread through the air in sneezes or coughs, or through any body fluid like sweat, saliva, blood, etc. Once germs enter the body, they derive all their energy from the host. They can damage or destroy healthy cells, and may produce proteins known as toxins. Toxins can cause the annoying symptoms of a cold or a more serious complication, such as fever and inflammation.

Protect yourself from a germ invasion. Hand washing is the single, most effective way to prevent the spread of germs. Wash your hands with warm soapy water for at least 20 seconds whenever you have contaminated your hands such as after coughing, nose blowing, using the bathroom, touching pets or animals, gardening, or coming into contact with an ill person. Also washing hands before eating and before and after preparing foods help protect you from harmful bacteria. Make sure you and your children's immunizations are up to date as well. These small simple steps can make a big difference in keeping you healthy and happy!

## Director's Discussion Groups



#### **Great News for Child Care!**

The Child Care Director's in the Northern Panhandle have come together to form a Director's Discussion Group. It is a collaborative effort to bring all of their years of knowledge and experience together to enhance the high quality child care services in the community. It will be an opportunity to discuss critical child care issues as well as other information that the directors may need. It will be determined by the group which topics will be discussed at the meetings and the meetings will be facilitated by Janice Barnett, Early Childhood Specialist.

#### Ohio and Marshall County Director's Meeting Schedule:

April 5, 2013

May 7, 2013

June 3, 2013

The meetings will be held at the CCRC in Wheeling from 12:00-2:00.

#### Hancock and Brooke County Director's Meeting Schedule:

April 19, 2013

May 10, 2013

June 21, 2013

The meetings will be held at Eat N 'Park in Weirton from 9:00-11:00AM

This is wonderful news for child care in the Northern Panhandle of WV. Relationships are the key to success in early childhood and with the expertise of our child care directors, we will surely be a winning team!

For more information about the Director's Discussion Group, please contact Janice Barnett at 304-232-1603.

# Save the Date!

Leadership Institute Pre-Conference for the Huntington Area Early Childhood Conference April 25, 2013



Marshall University
Cost \$45 Per Person
(Breakfast, Lunch and Parking Included)
9:00-4:00

# Extreme Makeover! With Kori Wilson

Spend a day at the SPA -

Makeover your Stress, Personnel, and Authority. Learn how to better manage your stress, staff/co-workers, and leadership style (experiences, techniques and beauty products included).

Registration Materials for the HAECC Pre-Conference and Conference will be mailed in February. Please e-mail Nikki Cavalier Rabel at <u>Nikki C.Rabel@wv.gov</u> to be added to the Mailing List.

Limited to 75 Participants.

This training is registered for six hours of WV STARS credit –
You must attend entire session for credit.



#### **Building Positive Teacher-Child Relationships**

Building positive relationships with young children is an essential task and a foundational component of good teaching. All children grow and thrive in the context of close and dependable relationships that provide love and nurturance, security, and responsive interactions. A positive adult-child relationship built on trust, understanding, and caring will foster children's cooperation and motivation and increase their positive outcomes at school (Webster-Stratton, 1999).

In early childhood settings, each moment that teachers and children interact with one another is an opportunity to develop positive relationships. It is important for teachers to use developmentally and individually appropriate strategies that take into consideration children's differing needs, interests, styles, and abilities.

In developing positive teacher-child relationships, it is important to remember to:

- ✓ Engage in one-to-one interactions with children
- ✓ Get on the child's level for face-to-face interactions
- ✓ Use a pleasant, calm voice and simple language
- ✓ Provide warm, responsive physical contact
- ✓ Follow the child's lead and interest during play
- ✓ Help children understand classroom expectations
- ✓ Redirect children when they engage in challenging behavior
- ✓ Listen to children and encourage them to listen to others
- ✓ Acknowledge children for their accomplishments and effort

When developing relationships with young children, teachers should pay attention to the cultural, linguistic, and individual needs of the children. The importance of adapting strategies to meet the unique needs of the children and families in a teacher's care cannot be overstated.

The above information is provided courtesy of the Center on the Social and Emotional Foundations for Early Learning. You can learn more practical strategies for building relationships by going to their website <a href="http://csefel.uiuc.edu">http://csefel.uiuc.edu</a>.

Janice Barnett
Early Childhood Specialist



Janice Barnett
Early Childhood Specialist
1-800-585-1603
janice.c.barnett@wv.gov



Dear Family Child Care Providers:

Exciting News! We are very pleased to announce that we will be implementing the WV Elements of Family Child Care Series (WV EFCCS) using *The Creative Curriculum for Family Child Care* and *The Family Child Care Environment Rating Scale-Revised.* The WV EFCCS is sponsored by the WV Department of Health and Human Resources Division of Early Care and Education.

The WV EFCCS aligns with the West Virginia State Training and Registry System (WV STARS) Core Knowledge and Core Competencies and consists of a 30-hour training program. This seven part series, presented in 4-hour sessions, will provide a comprehensive overview of The *Creative Curriculum for Family Child Care* and how to use *The Family Child Care Environment Rating Scale-Revised*.

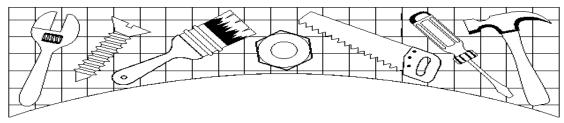
#### The seven sessions focus on:

- 1. Building a Firm Foundation
- 2. Knowing How Children Learn
- 3. Organizing Your Day
- 4. What Children Are Learning (Part 1)
- 5. What Children Are Learning (Part 2)
- 6. Caring and Teaching
- 7. Building a Partnership with Families

This training will guide you in making substantive changes in your family child care program that will improve the quality of early education for the children in your care. We anticipate that the training will be held in the early summer months in whichever county has the most response. Participants will be required to register on the WV STARS Career Pathway. Guidance and support will be provided to the participants to register on the WV STARS Pathway. The **30 hour**, **WV STARS registered training** program includes 28 hours of classroom instruction connected with 2 hours of on-site technical assistance visits. (This will **provide 2 years of training hours**).In addition, caregivers are guided in developing a professional portfolio and using the FCCERS-R tool. At the end of the series, the participants will also be provided with materials and supplies of their choice in the amount of **\$300.00** to enhance their Family Child Care environment.

Please call Janice Barnett, Early Childhood Specialist, Child Care Resource Center, at 304-232-1603 for further information and to sign up for the classes.

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#### **TODD'S BEHAVIOR TOOLBOX**

Bullying is a major concern in our schools and something most individuals experience at one time or another. Bullying is emotional or physical abuse that is defined by a deliberate intention to hurt someone, repeated acts against a victim, and an imbalance of power between the aggressor and the victim. Types of bullying are physical bullying, verbal bullying, and indirect bullying which includes ignoring or excluding certain people from the group, spreading rumors, and telling lies about someone to hurt them. The increased access young people have to computers and cell phones has led to a rise in cyber bullying. Cyber bullying involves sending hurtful messages using the internet, cell phones, or other digital communication devices.

The foundation for bullying prevention begins with teaching children problem solving skills, the ability to share voluntarily, assertiveness, and the ability to feel empathy for others. When children are taught these skills at an early age, they are less likely to bully others as they get older and they are also more likely to intervene in the event they witness another individual being bullied. Children that are passive and lack confidence are often targeted as victims. Teaching children to be assertive can help them avoid being perceived as an easy target. Bullying is often encouraged through the actions of the bystanders that are present. Bystanders encourage bullying to continue by prodding the bully, laughing or cheering, joining in themselves, or passively watching the bullying and doing nothing to stop it. Most bullying stops within minutes when bystanders intervene to help the victim. When children are able to feel empathy for others they are less likely to ignore situations in which they may be able to help. By intentionally teaching young children problem solving skills, assertiveness, sharing, and empathy, perhaps bullying will be less likely to occur in the future.

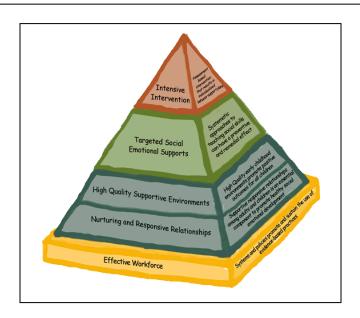


Todd Fromhart

Behavior Consultant
1-800-585-1603
jeffrey.t.fromhart@wv.gov

#### **Introducing a New Training Module Series!**

### Early Childhood Positive Behavior Support Modules



The Early Childhood Positive Behavior Support Modules will be offered at the Wheeling Child Care Resource Center beginning in May. This six part module series is based on The Teaching Pyramid for Supporting Social Competence and Preventing Challenging Behavior. Participants must attend all six sessions and will receive 12 hours of STARS credit at the conclusion of the series. Contact the Wheeling CCRC office to register at 304-232-1603.

#### **Module Training Schedule:**

- Thursday May 9<sup>th</sup>, 2013 1:00-3:00
- Thursday May 16<sup>th</sup>, 2013 1:00-3:00
- Thursday May 23<sup>rd</sup>, 2013 1:00-3:00
- Thursday May 30<sup>th</sup>, 2013 1:00-3:00
- Thursday June 6<sup>th</sup>, 2013 1:00-3:00
- Thursday June 13<sup>th</sup>, 2013 1:00-3:00

#### **Training Location:**

CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603

Participants must attend each all sessions to receive credit!

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Welcome to a very different learning experience!

The Mind in the Making Modules is a 12-part learning process that uses research on children's development on how children learn and how teachers can encourage engaged learning. Teachers include those who teach and care for young children in center or home-based settings.

Teachers are invited on this learning adventure to better understand how young children learn and how teachers of young children can help set the stage for a lifetime of engaged learning.

> This series will be offered on Monday Afternoons from 12:00-4:00 Starting May 6 – June 17 At the CCRC Wheeling Office!

The Mind in the Making Overview is a quick look at the series and is required for child care center/facility directors to attend before sending their teaching staff to the 12 module series. By completing this class you will receive the Mind in the Making by Ellen Galinsky!

Mind in the Making Overview is WV STARS registered—1.5 hours in Program Management. The overview will be held on Monday April 1st 9:00 AM at CCRC in Wheeling.

Please RSVP by March 25<sup>th</sup> - Spaces are limited!

Mind in Making 12 Module Series is WV STARS registered for 45 hours, this is worth 2 years of training credit!!

For more information please contact Kerry Carnegie MA Early Childhood Specialist jkerry.l.carnegie@wv.gov 304-292-7357

> Coming soon!! Tier II Module Series! A series that walks you through the Tier II application process! Stay Tuned!!



# West Virginia Training Certificate in Early Care and Education Awarded to WVU Early Learning Center Professionals

Submitted by Natalie Snider, West Virginia Training Connections and Resources, WV STARS State Coordinator

WV STARS would like to recognize Carolyn Mitchell of Morgantown, West Virginia and Lisa Loughery of Fairview, West Virginia for receiving the West Virginia Training Certificate in Early Care and Education.

The certificate was awarded to Carolyn, an infant teacher at WVU Early Learning Center, on December 20, 2012. Carolyn has completed over 318 training hours in the last five years to receive the certificate.

Lisa was awarded the certificate on January 11, 2013 after she completed over 200 training hours in the last five years. Lisa is currently a teacher of toddlers at WVU Early Learning Center in Morgantown, West Virginia.

The West Virginia Training Certificate in Early Care and Education is a certificate offered to WV STARS Career Pathway participants who have attended an extensive amount of training hours in a variety of content areas. In order to be eligible for the WVTCECE, an individual must possess an active Career Pathway certificate and have attended 120 clock hours of WV STARS Registered Training in the past five years. The training hours must be reflected on the Professional Development Record and be completed in a variety of Core Knowledge Content Areas.

Due to recent changes, the WVTCECE is easier than ever to achieve. Previously, WVTCECE applicants could only use training hours they have completed with an active Career Pathway certificate. New changes to the policy allows for applicants to submit WV STARS Training Certificates taken up to five years prior to be eligible for the WVTCECE, regardless of when you may have applied for the Career Pathway certificate.

Recipients must complete 20 clock hours of training in each of the following Core Knowledge Content Areas: Area 1 Child Growth and Development, Area 2 Health, Safety and Nutrition, Area 3 Positive Interactions and Relationships, Area 4 Curriculum, and Area 5 Child Observation and Assessment. Along with the 100 clock hours completed in the first five Core Knowledge Content Areas, an additional five hours of training in each of the following areas must be completed: Area 6 Family and Community, Area 7 Program Management, and Area 8 Professionalism. An additional five clock hours of training must be completed in any of the eight Core Knowledge Content Areas.

To apply for the West Virginia Training Certificate in Early Care and Education, interested parties should submit the WVTCECE Request Form with copies of WV STARS Certificates of Training Attendance to WV STARS. For more information, contact WV STARS by phone at (304) 522-7827 or by e-mail at tcr@rvcds.org.

Congratulations to Carolyn and Lisa. Your dedication to the continuation of your education and the children and families you serve is inspiring.

Check out their photo on the front page!

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# Do you work in child care and need or want to obtain your degree in early education?



T.E.A.C.H. Early Childhood® WEST VIRGINIA can help!

#### Scholarships available:

Associate Degree
Child Care Center
Family Child Care
Head Start

Bachelor's Degree
Child Care Center
Family Child Care
Head Start

Pre-K
Child Care Center
Family Child Care
Head Start

All scholarships include: tuition assistance, partial book reimbursement, travel stipend, paid release time and a bonus for completing the scholarship!

Contact 304-529-7603 or www.wvearlychildhood.org for more information

#### **Training Information:**

Title: Degree for Me? It's as easy as 1-2-3!

Tier I Training Level

#### Core knowledge:

7.5 Tier II- Identifies personal professional development needs

8.2 Tier I- Participates in opportunities for professional growth and development

8.2 Tier I- Demonstrates awareness of professional resources

.5 hrs in 7- Program Management

1.5 hrs in 8- Professionalism

**Date &Time:** May 16<sup>th</sup> 3:00-5:00 PM

Location: Morgantown CCRC

965 Hartman Run Road Morgantown, WV 26505

(304) 292-7357

Have you ever thought about going back to school and earning a degree? T.E.A.C.H. WV is here to help! This two hour training will introduce you to the T.E.A.C.H. WV program and show you how you can be on your way to earning a degree in three easy steps. Come find out about the program's benefits and discover what T.E.A.C.H. WV can do for you.

#### Infant/Toddler News



During the first few years of life, infants and toddlers are trying to make sense of their world. One of the ways they do this is by soaking up every noise, every sound, and every experience that they have. They then take this information and come up with ideas about how the world works. So, not only is being outdoors an enjoyable experience for infants and toddlers, it's critical for cognitive development. During the first three years of life, brain synapses form at a rapid rate. These synapses are formed based on the richness of the child's sensory environment. So, it would make sense that childcare providers would want to provide a stimulating environment for infants and toddlers, both indoors and outdoors. Not only does outdoor experiences provides a foundation to literacy and science learning, but is also critical for infant and toddler physical development.

Outdoor play has many added health benefits aside from the stimulating environment that supports developmental growth.

#### **Environmental Health**

- ☐ Children learn about nature and caring for the environment from direct experiences
- ☐ Children become involved in the task of caring for the environment and keeping it healthy

#### **Spiritual Health**

- $\hfill \square$  Aesthetic and spiritual meaning and satisfaction
- ☐ Tranquility
- ☐ Beauty and peace

#### **Mental and Emotional Health**

- $\square$  Independence
- ☐ Stress reduction among children, teachers, parents, and teachers
- ☐ Higher parent satisfaction with the program
- ☐ Increased job satisfaction and retention of staff

#### **Physical Health:**

- ☐ Active play
- ☐ Physical development
- $\square$  Physical fitness
- ☐ Large muscle development
- ☐ Sunlight that provides a source of Vitamin D
- ☐ Fresh air exchange with less risk for germs which cause illness

Remember that the experiences that infants and toddlers have outdoors while they are in child care, may in fact, be the only opportunity they have to really explore the outdoors. By taking infants and toddlers outdoors, you are providing wonderful opportunity and you are setting up a good model for parents to follow. If children learn to love being outdoors when they are young, it will make them healthier. It will also help ensure that they will take better care of our world when they are adults.

Special Opportunity April 15 & 16, 2013

8:00 am – 4:00 pm Two day professional development event on Creative Curriculum for Infants, Toddlers and Twos Location – Pleasant Day Schools, Morgantown

\* You must have been registered for this event by March 15, 2013 Just a Quick Note from your Infant/Toddler Specialist

I will out of the office on Maternity Leave from the end of April to the beginning of July. If you are in need of assistance contact the CCRC Training Team Supervisor, Cathy Knox at 1-800-585-1603.

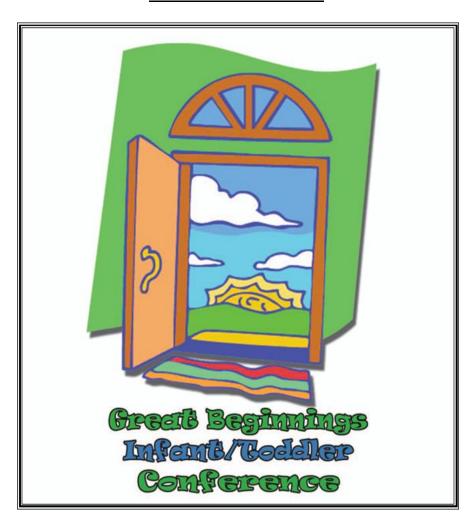
> Thank You! Tíffany Smíth





Traditional Model Room And Cozy Room

# **Save The Date!**



 Sept. 13th
 8:30am - 5:30pm

 Sept. 14th
 8:00am - 12:00pm

**Charleston Civic Center** 

200 Civic Center Drive, Charleston, WV 25301





# From The Trails Room

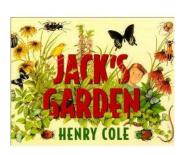


#### **How Trails can benefit you!**

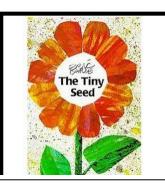
- Free developmentally appropriate resources (Infants – School-Age)
- One-on-One Technical Assistance
- Provider Resources (Resource Books, Assistive Technology)

The smell of spring is in the air! Springtime is an exciting and long-awaited time for most of us and presents a number of exciting and fun learning opportunities for young children. Spring is a great time to get children exploring outside by smelling fresh flowers and watching furry critters scurry across the ground. You can build on children's natural curiosity by providing them with the opportunity to be hands-on with what nature has to offer. There are benefits to teaching children the signs of spring such as the development of observational skills, self- esteem and life skills as you discuss the life cycles of what you see in nature.

Springtime Books that are available from the TRAILS Van







#### **Contact Information**

**Trails Specialist:** Amy Morrow

amy.m.morrow@wv.gov

Trails Associate: Jamie Burton

Jamie.l.burton@wv.gov

**Phone**: 304-232-1603



#### **First Aid and CPR Classes**

The following agencies/individuals offer CPR & First Aid Classes. Please call for date, time, fee and location.
Also, check with your local Fire Department to see if they offer any classes.

AGENCY	PHONE #
Fairmont Red Cross	304-366-2060
Marion Co. Rescue Squad	304-363-6246
Shirley M. Kimble Training Center	800-626-4748 or 304-293-1329
Brooke County Health Dept.	304-737-3665
Wetzel Co. Hospital	304-455-8000
Sistersville General Hospital	304-652-2611
Wetzel Co. FRN	304-455-5053
Wheeling Hospital-Training Center	304-243-3569
Weirton Medical Center	304-797-6198
American Red Cross- Morgantown	304-598-9500
American Red Cross-Wheeling	304-232-0711
American Red Cross-Weirton	304-797-1600
Wheeling Fire Dept.	304-234-3726
Moundsville Fire Dept.	304-845-2050
Wetzel County EMS	304-455-5931

# Extended Office Hours

The Morgantown & Wheeling Child Care Resource Center will continue to offer extended hours for the convenience of our clients and providers. The 3rd Tuesday of each month, the above offices will operate on the following schedule:

April 16, 2013	8:30 a.m 6:00 p.m.
May 21, 2013	8:30 a.m 6:00 p.m.
June 18, 2013	8:30 a.m 6:00 p.m.



#### **CCRC List Serve**

The CCRC Newsletter is now being distributed through our list serve which enables us to be more environmentally friendly and economically responsible as we won't need to print and mail as many newsletters. Please email Lisa Garrison at <a href="mailto:Lisa.M.Garrison@wv.gov">Lisa.M.Garrison@wv.gov</a> with your name and email address if you would like to sign up to receive the newsletter via email.

Thank You!

## **WVIT Registration**

July, August, September, October 2013 Held in Ohio County CCRC Office 2000 Main Street, Wheeling, WV 26003

#### Dates as follows:

I. Administrators' Modules (MUST attend Administrator's Session and MUST be registered on STARS):

SESSION	DAY	DATE	TIME
One Session Only	Thursday	July 11, 2013	9:30 am- 4:30 pm

II. Participants Modules (MUST work with subsidized children up to 35 months for 20 hours a week or more and MUST be registered on STARS)

SESSION	DAY	DATE	TIME
Session 1	Thursday	July 18, 2013	10:00 am-3:30 pm
Session 2	Thursday	July 25, 2013	10:00 am-2:30 pm
Session 3	Thursday	August 1, 2013	10:00 am-3:30 pm
Session 4	Thursday	August 8, 2013	10:00 am-2:30 pm
Snow Day	Monday	August 12, 2013	10:00-4:00 pm
Snow Day	Tuesday	August 13, 2013	10:00-4:00 pm
TACIT 1	To be scheduled	August 9 – August	3 hours
	individually	28, 2013	
Session 5	Thursday	August 29, 2013	10:00 am-2:30 pm
Session 6	Thursday	September 5, 2013	10:00 am-3:30 pm
Session 7	Thursday	September 19, 2013	10:0 am-2:30 pm
Session 8	Thursday	September 26,	10:00 am-4:00 pm
36331011 0	Thursday	2013	10.00 am-4.00 pm
Session 9	Thursday	October 3, 2013	10:00 am-3:30 pm
Session 10	Thursday	October 10, 2013	10:00 am-1:00 am
Snow Day	Tuesday	October 15, 2013	10:00 am-4:00 pm
Snow Day	Wednesday	October 16, 2013	10:00 am-4:00 pm
TACIT 2	To be scheduled individually	October 11 – 25, 2013	3 hours

To Register contact Tiffany Smith, Infant/Toddler Specialist at 1-304-292-7357, If you do not speak to Tiffany directly, you MUST call Cathy Knox, Early Childhood Professional Development Team Supervisor at 1-304-232-1603.

# Child Care Resource Center Training Team Calendar for **April, May, June 2013**

**Call any CCRC Office to Register!** 

#### \*\*\*TRAINING REMINDERS\*\*\*

- 1. You MUST register at least 24 hours in advance.
- 2. Classes MUST have at least 5 participants registered by the day before the class is scheduled or the class will be cancelled. These trainings will not be rescheduled.
- \*Wetzel/Tyler must have at least 3 participants
- 3. Infants and children are not to attend the training sessions. Alternate child care arrangements need to be made in advance.
- 4. If you register for a class and then are unable to attend, please call the CCRC to cancel as there may be a waiting list for that class.
- 5. In order to receive WV STARS credit for the trainings participants must bring either their WV STARS barcode sticker or have their WV STARS number on hand.
- 6. Please be on time! If you are late, you may not receive WV STARS credit.
- 7. PLEASE NOTE: FOR EVENING & SATURDAY TRAININGS HELD AT THE WHEELING& MORGANTOWN CCRC BUILDING:

Doors will open 15 minutes prior to training time and doors will be locked 15 minutes after the start of the scheduled training.

8. If schools are closed in the county that the training is taking place in, the training will be canceled.

These trainings, along with any possible additions during the quarter, are listed on-line at www.wvearlychildhood.org.

	Brooke/Hancock			
	Tuesday, April 2 5:30 – 7:30 PM	Professional Ethics in Child Care  Professionalism Tier 2  Providers will gain an awareness of what appropriate ethical responsibilities they hold as child care providers. The Code of Ethics will be discussed as well as the difference between the Code of Ethics and personal values in the childcare setting.  Presented by Janice	Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510	
7	Sat April 13 10:00-12:00	Challenging Behavior – Where Do We Begin?  Positive Interactions & Relationships Tier I  This training is presented through a variety of activities, including a video featuring Mr. Rogers. We will look at understanding behaviors that we call challenging.  Presented by Todd	The Tree House Child Care Center 126 Fox Lane Chester, WV 26034 (304) 387-0101	
	Super Saturday! April 13 1:00 - 3:00 pm	Teaching Strategies: Learning to Look, Looking to Learn Child Observation and Assessment Tier 2  This workshop will help educators who work with young children to acquire the skills to consistently and systematically observe in appropriate ways to learn about children, evaluate their program, and measure children's progress.  Presented by Janice	The Tree House Child Care Center 126 Fox Lane Chester, WV 26034 (304) 387-0101	
	Wed April 17 12:00 – 4:00 PM	Medication Administration  Health, Safety & Nutrition Tier 2  This session will discuss proper administration of medication in the child care settings. Participants must be WV STARS registered to attend.  Presented by Heidi (Nurse)	Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510	
	Tues May 7 5:30 – 7:30 PM	Circle of Influence: Implementing Shared Decision Making and Participative Management  Program Management Tier 3  The workshop provides a framework for analyzing different types of decisions in child care center management and suggests ways that directors can move toward a more participative process in achieving program goals. This workshop is open to directors, caregivers, teachers, and in-home providers.  Presented by Janice	Follansbee Library 844 Main Street Follansbee, WV 26037 (304) 527 - 0860	

	Brooke/Hancock Continued		
Tues June 11 3:30 – 5:30 PM	Providing Culturally Sensitive Care  Family & Community Tier 2  This workshop is intended to help caregivers gain an understanding of the importance of cultural and linguistic consistency between home and child care for very young children; an awareness of their own cultural influences and biases; and an ability to utilize the strategies of acknowledging, asking, and negotiating to resolve cultural differences in the child care setting.  Presented by Janice	Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510	
	Wetzel/ Tyler		
Tues April 23 5:00 – 7:00 PM	Let's Use Our Senses  Child Growth and Development Tier 2  We all learn through our senses. Sensory processing is how we transform sensory information from within our own bodies and the external environment that we act on. This workshop will provide fun and meaningful sensory integration activities that are a necessary part of development for every child, whether they have a sensory processing disorder or not.  Presented by Janice	New Martinsville Library 160 Washington Street New Martinsville, WV 26155 (304) 455-4545	
Tues May 7 5:00-7:00 PM	Wetzel County In-Home Provider Association  Professionalism Tier2  This session is especially for in home providers! Within this Session providers will be able to analyze ethical dilemmas and determine appropriate course of action. In home providers will be given the opportunity to talk and mentor each other about issues facing their homes and businesses.  Presented by Kerry	New Martinsville Library 160 Washington Street New Martinsville, WV 26155 (304) 455-4545	
Sat May 18 10:30 – 12:30 PM	All About Autism  Child Growth & Development Tier II  Participants will learn about the signs and characteristics of autism and explore strategies for working with children with autism in a child care setting.  Presented by Todd	New Martinsville Library 160 Washington Street New Martinsville, WV 26155 (304) 455-4545	
Tues June 18 6:00 – 8:00 PM	The Developmental Milestones of Child Development  Child Growth & Development Tier 1  This is a great training for new providers and a good refresher for experienced providers. Come learn how to identify and support the milestones of child development and the different learning styles of children.  Presented by Amy	New Martinsville Library 160 Washington Street New Martinsville, WV 26155 (304) 455-4545	
Ohio/ Marshall			
Tuesday, April 9 5:00-7:00 PM	In-home Provider Association Meeting Creating Positive Caregiver-Parent Relationships Family & Community Tier 2  This workshop is based on "A Guide to Creating Partnerships with Parents: and is guided by a philosophy that recognizes each child, parent, and caregiver as a competent human being whose personal dignity and individual rate of growth and development deserve respect, support, and affirmation.  Providers will have the opportunity to discuss and mentor each other regarding issues at their home/business. All In-Home Providers are welcome.  Presented by Janice	CCRC Main Office 2000 Main St Wheeling, WV 26003 (304) 232-1603	
Wed April 10 10:00-12:00 PM	The Developmental Milestones of Child Development  Child Growth & Development Tier 1  This is a great training for new providers and a good refresher for experienced providers. Come learn how to identify and support the milestones of child development and the different learning styles of children.  Presented by Amy	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603	

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	Ohio/Marshall Continued	
Thurs April 18	Medication Administration	CODO Maia Office
1:00 – 5:00 PM	Health Safety & Nutrition Tier II	CCRC Main Office
1.00 0.0011	This session will discuss proper administration of medication in the child care	2000 Main Street
Time	settings. Participants must be WV STARS registered to attend.	Wheeling WV 26003
Thinking \	Registration Limited to 20 Presented by Heidi (Nurse)	(304) 232-1603
Thursday's	Making a Difference: Reporting and Preventing Child Abuse and Neglect	
	Health, Safety, and Nutrition Tier 1	CCRC Main Office
	This training is a comprehensive training session for mandated reporters of	2000 Main Street
Thurs April 40	child abuse and neglect.	Wheeling WV 26003
Thurs April 18 5:00 – 7:00 PM	Presented by Heidi ( Nurse)	(304) 232-1603
5.00 - 7.00 PIVI	Ohio/Marshall In-Home Provider Association Meeting	
	The Creative Curriculum for Family Child Care	
	Curriculum Tier 2	CCRC Main Office
Wednesday May 1	This workshop will provide an overview of the curriculum including "Knowing	2000 Main Street
5:00 – 7:00 PM	How Children Develop and Learn" and "Setting Up Your Home and Planning	Wheeling WV 26003
3.00 - 7.00 F W	Your Day." Participants will have the opportunity to discuss and mentor each	(304) 232-1603
	other regarding issues at their home/business.	(304) 232-1003
	All In-Home Providers are welcome.  Presented by Janice	
Sat May 4	Bugs, Rain, &Sunshine: Taking the Classroom Outside	Maraball Carrett Library
10:30 – 12:30 PM	Curriculum Tier 2	Marshall County Library 700 Fifth Street
N N N N N	Outdoor play presents a variety of learning opportunities for children of all	Moundsville, West
NVVVI	ages. Come learn how to create a meaningful outdoor learning environment	
N' Y	that meets the needs and interests of young children.	Virginia 26041
Super Z	Presented By Amy	(304)845-6911
Super	"Inclusion Works" Child Growth and Davidenment Tier 2	
Saturday!	Child Growth and Development Tier 2 This workshop will help teachers and caregivers to create early childhood	Marshall County Library
	classrooms that enable all children to participate, interact and learn important	700 Fifth Street
The N	and valued outcomes. The workshop will help teachers and caregivers to	Moundsville, West
Sat. May 4	understand what practices work in everyday classrooms and to understand	Virginia 26041
1:30-3:30PM	the instructional strategies needed to provide inclusive settings.	(304)845-6911
1.00 0.001 W	Presented by Janice	
Fri May 17	Making a Difference: Reporting and Preventing Child Abuse and Neglect	CCRC Main Office
10:00 - 12 pm	Health Safety & Nutrition Tier I	2000 Main Street
19.00 12 pm	This training is a comprehensive training session for mandated reporters of	Wheeling WV 26003
7/	child abuse and neglect. Presented by Heidi (Nurse)	(304) 232-1603
Fantastic	Playground Safety	,
Friday's	Health, Safety & Nutrition Tier II	CCRC Main Office
	This training is designed to teach playground safety in the childcare setting	2000 Main Street
	with regards to injury prevention, sun safety, as well as proper equipment and	Wheeling WV 26003
Fri May 17	design o playground. Guidelines used from the National Program for	(304) 232-1603
1:00-3:00 PM	Playground Safety.	(507) 252-1005
	Presented by Heidi (Nurse)  Professional Ethics in Child Care	
	Professionalism Tier 2	CCRC Main Office
Wed May 29	Providers will gain an awareness of what appropriate ethical responsibilities	2000 Main Street
6:00 – 8:00 PM	they hold as child care providers. The Code of Ethics will be discussed as well	Wheeling WV 26003
	as the difference between the Code of Ethics and personal values in the	(304) 232-1603
	childcare setting. Presented by Janice	, ,
	In Home Provider Association Meeting	
	The Creative Curriculum for Family Child Care	
	<u>Curriculum Tier 2</u> This workshop will provide an overview of the curriculum including "What	CCRC Main Office
Wed June 5	Children Are Learning," "Caring and Teaching," and "Building Partnerships	2000 Main Street
5:00-7:00PM	with Families." Participants will have the opportunity to discuss and mentor	Wheeling WV 26003
3.00-7.00F W	each other regarding issues, concerns in their home/business. All In-Home	(304) 232-1603
	Providers are welcome.	
	Presented by Janice	
	,	

	Ohio Marchall Continued	
	Ohio Marshall Continued  Modication Administration	
Mon June 10 5:00 – 9:00 PM Registration Limited to 20	Medication Administration  Health Safety & Nutrition Tier II  This session will discuss proper administration of medication in the child care settings. Participants must be WV STARS registered to attend.  Presented by Heidi (Nurse)	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
Tues June 18 6:00 – 8:00 PM	Let's Use Our Senses  Child Growth and Development Tier 2  We all learn through our senses. Sensory processing is how we transform sensory information from within our own bodies and the external environment that we act on. This workshop will provide fun and meaningful sensory integration activities that are a necessary part of development for every child, whether they have a sensory processing disorder or not.  Presented by Janice	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
	Monongalia/Marion	
Thurs April 18 6:00 – 8:00 PM	All About Autism  Child Growth & Development Tier II  Participants will learn about the signs and characteristics of autism and explore strategies for working with children with autism in a child care setting.  Presented by Todd	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
Mon April 22 1:00 – 5:00 PM Registration Limited to 20	Medication Administration  Health Safety & Nutrition Tier II  This session will discuss proper administration of medication in the child care settings. Participants must be WV STARS registered to attend.	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
Mon April 22 5:00 – 7:00 PM	Presented by Heidi ( Nurse)  Making a Difference: Reporting and Preventing Child Abuse and Neglect  Health Safety & Nutrition Tier I  This training is a comprehensive training session for mandated reporters of child abuse and neglect.  Presented by Heidi (Nurse))	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
Sat. April 27 9:00 – 11:00 AM	Going Beyond Field Trips  Curriculum Tier 2  Summer is coming, are you ready for the school-agers? This training is an overview of the joys that come from summer programs. Within this session participants will be able to learn tips and techniques about working with youth. New hires and veterans of summer programs will want to attend this session!  Presented by Kerry	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
Mon May 13 10:00 – 12:00 PM Marvelous Monday's	Playground Safety  Health, Safety & Nutrition Tier II  This training is designed to teach playground safety in the childcare setting with regards to injury prevention, sun safety, as well as proper equipment and design o playground. Guidelines used from the National Program for Playground Safety.  Presented by Heidi (Nurse)	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
Mon May 13 1:00 – 3:00 PM	Making a Difference: Reporting and Preventing Child Abuse and Neglect  Health Safety & Nutrition Tier I  This training is a comprehensive training session for mandated reporters of child abuse and neglect.  Presented by Heidi (Nurse)	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
Thursday May 16 3:00 – 5:00 PM	Degree for Me? It's as Easy as 1-2-3!  Program Management & Professionalism Tier 1  Have you ever thought about going back to school and earning a degree?  T.E.A.C.H. WV is here to help! This two hour training will introduce you to the T.E.A.C.H. WV program and show you how you can be on your way to earning a degree in three easy steps. Come find out about the program's benefits and discover what T.E.A.C.H. WV can do for you.	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
	Call Any CCRC to Register!	

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	Monongalia/Marion Continued	
Sat May 18 9:00 11:00 AM Super	Under Surveillance: An Observation and Assessment Training Child Observation & Assessment Tier 2 This session Focuses on observing young children. Participants will be able to learn new techniques to watching children and how it applies to them.	Marion County Public Library 321 Monroe Street Fairmont, WV 26554
Super Saturday! Sat. May 18 11:30 – 1:30 PM	Did You See That?  Child Observation & Assessment Tier 1  This session is an observation and assessment training that focuses on anecdotal records. Don't know what anecdotal records are? Then come to the session to find out!  Presented Kerry	(304) 366-1210  Marion County Public Library 321 Monroe Street Fairmont, WV 26554 (304) 366-1210
Wed May 22 10:00 – 12:00 PM	"Inclusion Works"  Child Growth and Development Tier 2  This workshop will help teachers and caregivers to create early childhood classrooms that enable all children to participate, interact and learn important and valued outcomes. The workshop will help teachers and caregivers to understand what practices work in everyday classrooms and to understand the instructional strategies needed to provide inclusive settings.  Presented by Janice	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
School-Agers are Cool-Agers!  Child Growth & Development Tier I  Have you ever wondered what to do with your school-aged children? This training is a basic overview for those who provide care for school-aged children.  Presented by Kerry		Marion County Public Library 321 Monroe Street Fairmont, WV 26554 (304) 366-1210
Thurs June 13 5:00 – 9:00 PM Registration Limited to 20	nurs June 13 00 – 9:00 PM  Medication Administration Health Safety & Nutrition Tier II This session will discuss proper administration of medication in the child care settings Participants must be WV STARS registered to attend	
The Good, The Bad, and the Artsy  Curriculum Tier 2  Sat June 15  9:00 – 1:00 AM  For the love of art! Art is such a wonderful delight in the classroom. Within this session we will explore that important role art plays in social and emotional development. Don't be afraid to get messy with this session!  Presented by Kerry		CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
Wed June 26 1:00 – 3:00 PM	Parents as Partners  Family & Community Tier 2  This workshop will show examples of ways to communicate with families to share information about their children's experiences and development and their goals for their children. It will provide examples of a variety of ways for families to participate and be involved in the program, and how to work together to meet children's needs.  Presented by Janice	Marion County Public Library 321 Monroe Street Fairmont, WV 26554 (304) 366-1210

Call Any CCRC To Register!



# Just Announced



Thurs March 14 6:30 – 8:00 PM	Mandated Referrals for Delays & Suspicions of Developmental Delays  Health, Safety & Nutrition Tier I  Join us in the discussion on the WV Birth to Three Program, your responsibility to report according to the law, how to make a referral, and tips on talking with the parents.  Presented by WV Birth to Three	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
Thurs March 21 6:30 – 8:00 PM Registration Limited to 25	Mandated Referrals for Delays & Suspicions of Developmental Delays  Health, Safety & Nutrition Tier I  Join us in the discussion on the WV Birth to Three Program, your responsibility to report according to the law, how to make a referral, and tips on talking with the parents.  Presented by WV Birth to Three	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
Thurs March 28 6:30 – 8:00 PM Registration Limited to 25	Mandated Referrals for Delays & Suspicions of Developmental Delays  Health, Safety & Nutrition Tier I  Join us in the discussion on the WV Birth to Three Program, your responsibility to report according to the law, how to make a referral, and tips on talking with the parents.  Presented by WV Birth to Three	CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357
	Call any CCPC Office to Pogister!	



# Save the Date

# Partners in Early Intervention Conference THURSDAY, MAY 30, 2013

WHEELING JESUIT UNIVERSITY

# 6.5 Stars Hours and other CEUS pending

(This conference does qualify as a Tier II conference requirement!)

Open to Child Care Professionals, WV BTT, Parents, Community Members, College Students, and other Professionals

Do you have concerns about a child's development?

CALL: 1-866-321-4728

www.wvdhhr.org/birth23



#### Services are provided:

- At NO cost to families
- In a child's natural environment
- Eligibility is not based on income

WV Birth to Three services and supports are provided under Part C of the individuals with Disabilities Act (IDEA) and administered through the WV Department of Health and Human Resources, Office of Maternal, Child and Family Health

# Every child deserves a **GREAT**Start!

WV Birth to Three RAU-1 is a program of:







# Child and Adult Care Food Program

Dear Providers,

Happy Spring! It is with pleasure that we support your choice to provide high quality child care in your home.

The Child and Adult Care Food Program regulation requires that each Family Day Care Home Provider receives three (3) hours of training every year. Child and Adult Care Food Program year begings October 1<sup>st</sup> and end September 30<sup>th</sup> of every year. **CCWVa**, **CACFP will not accept trainings from other agencies to fulfill the three (3) hour training requirement.** 

The trainings begin promptly at the times listed on your training schedule. If you are late for the training, you will not be permitted to attend and will have to make arrangements to attend another scheduled training. Cell phones will need to be turned off or on vibrate mode during the training. Please do not text on your phone during the training.

Failure to comply with the required hours will result in you being seriously deficient in the operation of your FDCH. This could lead to closure from the Child and Adult Car Food Program for seven (7) years.

In order to register for the CCWVA, CACFP training you will need to contact the nutrition monitor listed beside each training location.

If you are registered on the STARS Career Pathway, you will need either your STARS label or number on the sign in sheet. If the information is not provided the day of the training, you will not receive STARS credit.

Feel free to bring a snack or refreshment with you to the training. These items **will not** be provided at the training by CCWVA, CACFP.

If you have any questions or concerns, please contact me at (304) 230-1280 or (888) 688-7486 ext. 2203.

Sincerely,

Jane Rose, Director Catholic Charities West Virginia; Child and Adult Care Food Program



# **Child Care Food Program Three Hour Training Schedule**

Date/Time	Location	County	Monitor/Cell Phone
3/9/13 Saturday	Mary Weir Library	Hancock	Chris Gillis
10:00 am - 1:00 pm	Weirton,WV		304-780-6504
3/16/13 Saturday	Knights of Columbus (behind Leo's)	Berkeley	Bridget Barton
9:00 am - 12:00 pm	Inwood, WV		304-820-4486
3/16/13 Saturday	Our Lady of Perpetual Help	Harrison	June Walton
10:00 am - 1:00 pm	Stonewood, WV		304-838-3064
3/23/13 Saturday	Child Care Resource Center	Monongalia	Phyllis Bolling
10:00 am - 1:00 pm	Morgantown, WV		304-203-3711
4/12/13 Friday	Knights of Columbus (behind Leo's)	Berkeley	Bridget Barton
5:30 pm - 8:30 pm	Inwood, WV		304-820-4486
4/13/13 Saturday	Taylor County Libray	Taylor	June Walton
9:00 am – 12:00 pm	Grafton, WV		304-838-3064
4/16/13 Tuesday	Marshall County Library	Marshall	Chris Gillis
4:00 pm - 7:00 pm	Moundsville, WV		304-780-6504
4/20/13 Saturday	Wesley United Methodist Church	Preston	Marcie Phillips
9:00 am - 12:00 pm	Kingwood, WV		304-614-2492
5/4/13 Saturday	Heritage Center (CCWVa)	Ohio	Chris Gillis
9:00 am - 12:00 pm	Wheeling, WV		304-780-6504
5/4/13 Saturday	Immaculate Conception Church (Dining Hall)	Marion	Phyllis Bolling
10:00 am - 1:00 pm			304-203-3711
5/10/13 Friday	Knights of Columbus (behind Leo's)	Berkeley	Bridget Barton
5:30 pm – 8:30 pm	Inwood, WV		304-820-4486
5/21/13 Tuesday	Mary Weir Library	Hancock	Chris Gillis
10:00 am - 1:00 pm	Weirton, WV		304-780-6504
7/9/13 Tuesday	Knights of Columbus (behind Leo's)	Berkeley	Bridget Barton
5:30 pm - 8:30 pm	Inwood, WV		304-820-4486











Our mission is to provide quality services to children and families which will enrich their lives and empower them to achieve their fullest potential.

We are a community service organization that works with parents, child care providers and community organizations and help promote the availability of quality child care in our 8 county area.

Please enjoy our updated website, with more information and resources. Feel free to call your local office with any questions or comments.

We're on the Web!

See us at:

www.ccrcwv.org

#### **Region 1 Offices**

#### **Ohio & Marshall County:**

2000 Main Street, Suite 100 Wheeling, WV 26003 304-232-1603 or 800-585-1603

#### **Monongalia County:**

965 Hartman Run Rd., Suite 1103

Morgantown, WV 26505

304-292-7357 or

888-272-7357

#### **Marion County:**

309 Cleveland Avenue, Suite 209
Fairmont, WV 26554
304-366-3615 or
304-534-6473

#### **Brooke & Hancock County:**

3622-B West Street Weirton, WV 26062 304-748-2007 or 800-456-6607

#### **Tyler & Wetzel County:**

1236 North State Route 2 New Martinsville, WV 26155 304-455-0920



#### Spring is Here!

Spring is here,
In the air,
You can smell it coming,
On the trees,
Leaves is green,
Caterpillars sunning.

Birds are back,
Grass is out,
Busy bees are humming,
On the trees,
Leaves are green,
Caterpillars sunning.





# Welcome



Child Care Resource Center welcomes Cathy Knox – Professional Development Team Supervisor.

Cathy began her career at Child Care Resource Center on January 7, 2013. She brings over 20 years of training and experience working directly with children, families and the community.

Cathy is very excited to be at CCRC and to be a member of the outstanding Professional Development Team.

Please contact Cathy with for any training questions or suggestions.

Cathy Knox
Professional Development Team Supervisor
1-304-232-1603
1-800-585-1603 (toll free)
cathy.j.knox@wv.gov