



## Happy New Year - 2022!



The first day of the new year is typically one of the most awaited days for almost everyone. It's a chance to start fresh, a new beginning, new resolutions, new hopes and dreams.

At the end of 2020, we were all very hopeful that the pandemic would be behind us. Unfortunately that was not the case as it continued through 2021 and will likely continue in to 2022. However we continue to persevere, survive and become stronger!

Through all of this you have remained consistent, providing care & comfort to our littlest Mountaineers!

The responsibility of taking care of children is an invaluable and essential service that benefits many of West Virginia's children & families. Without you, those families would not

be able to go to work and school and those children would not have the opportunity to be in a safe, nurturing environment where they can learn and grow.

So from CCRC to you, thank you for your hard work, compassion, patience, and everything you do for children! Wishing you much success in 2022!

### Email Account, Facebook Account -- Do I Really Need Them?



While it is not required that you have either of these two things, the benefit of having them is tremendous!

The quickest and most efficient way for CCRC to share relevant and, in many situations, time sensitive information is to email you the details of what is required directly to you. We also post any new information and updates on our Facebook page.

**Financially** - CCRC and the State of West Virginia have offered many grant opportunities and stimulus payments to childcare providers. We want to make sure that all childcare providers receive this information and apply for any money available.

**Professional Development** - Many times a new professional development training opportunity becomes available that is not listed in our Newsletter.

*This can be very helpful especially if you are in need of WV STARS training hours!*

**Professionalism** - an email is a formal, professional way to communicate with CCRC.

In most cases it enables an immediate response and provides you with documentation of the message sent.

**Instant Communication** - You will be instantly informed when:

- \*The CCRC offices are closed due to holidays, weather or mandatory CCRC staff meetings
- \*CCRC has received any updated billing or subsidy information
- \*The CCRC phone or internet system is temporarily unavailable
- \*The CCRC Quarterly Newsletter is completed & distributed
- \*Any information is received that affects you as a childcare provider

The choice, of course, is yours to decide. We understand your possible hesitation. "I was one of the last people to jump on the Facebook trend, but now that I have it, I have found it to be a wonderful business resource and communication tool."

*Cathy Knox, CCRC Professional Development Team Supervisor*

**If you already have an email and/or Facebook account, make sure that you check it often so that you are receiving the most current information!**

Like Us On  [childcareresourcecenterwv](https://www.facebook.com/childcareresourcecenterwv)

### CCRC Office Locations

#### Hancock County

**Temporarily Closed**

Contact the Wheeling Office

#### Ohio & Marshall County

2000 Main Street, Suite 100

Wheeling, WV 26003

304-232-1603 or 800-585-1603

#### Marshall County

**Temporarily Closed**

Contact the Wheeling Office

#### Monongalia County

965 Hartman Run Rd., Suite 1103

Morgantown, WV 26505

304-292-7357 or 888-272-7357

#### Marion County

118 Adams Street - Suite 101

Fairmont, WV 26554

304-366-3615

#### Tyler & Wetzel County

1236 N. State Route 2

New Martinsville, WV 26155

304-455-0920

**Visit our website at:**

<http://www.crcwv.org/>

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## West Virginia Infant/Toddler Professional Development Program Revised 2020

Child Care Resource Center will be offering WVIT I-R online beginning in February 2022 and ending in May 2022.

Sessions will be held on Wednesday's from 12:00 pm to 3:30 pm

There are 12 sessions in this module series and 2 TACIT (*Technical Assistance for Caregivers of Infants & Toddlers*) visits.

WVIT I -R Administrators course will be held in January 2022 -- Any Director that has not attended the NEW WVIT I - R 2-part series must do so before any of their staff can attend WVIT I -R.

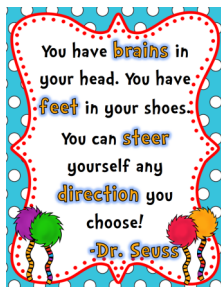
Directors must attend both sessions of the Administrators course.

The Director that attends the revised Administrators course is required to be present for the scheduled TACIT visits.

More details will be coming soon as we finalize the schedule.

Andrea Littleton, Infant/Toddler Specialist will be the instructor for WVIT I - R -- you can reach her at the CCRC Wheeling Office 304-232-1603 or [andrea.n.littleton@wv.gov](mailto:andrea.n.littleton@wv.gov)

There are only 15 spots available for WVIT I -R and they are filling up fast. If you or your staff are interested in attending WVIT I - R --- Contact Andrea Today!



Celebrating Connections 2022

April 5-7, 2022

Charleston Coliseum & Convention Center

Charleston, WV

Join us for a great lineup of speakers from across the country and right here in West Virginia, live in 2022!

*Registration for Celebrating Connections will be electronic, therefore no programs will be mailed out without a specific request.*

**Registration opens January 2022!**

For up-to-date Celebrating Connections 2022 conference information, please visit <https://www.eventsquid.com/event/13333>

# Child Care Director Professional Development



Director's Discussion and Training Opportunities are held in Hancock - Ohio - Monongalia and Marion Counties.

These sessions offer training, information and networking opportunities.

## 2 Wonderful Professional Development Opportunities Coming Your Way!

#1



In this one-hour training you will learn practical tips on how to make the Code of Ethics an everyday part of your work life in the field of Early Care and Education.

1/2 hr. Professionalism & Leadership and 1/2 hr. Administration & Management

This training will coincide with the Directors Discussion.

<u>Hancock/Brooke County</u>	<u>Ohio/Marshall County</u>	<u>Monongalia County</u>	<u>Marion County</u>
January 5, 2022 - Wednesday	January 12, 2022 - Wednesday	January 19, 2022 - Wednesday	January 26, 2022 - Wednesday
12:00 pm to 2:00 pm	12:00 pm to 2:00 pm	12:00 pm to 2:00 pm	12:00 pm to 2:00 pm
Location To Be Announced	Wheeling CCRC Office 3rd Floor Ballroom	Morgantown CCRC Office Training Room	Fairmont CCRC Office Training Room

#2

Utilizing the Environment Rating Scale to Achieve Higher Program Quality

Facilitated by: Marcy Evans



In this two-hour training, you will examine how the information from the ERS self-assessment can enhance your program's quality.

1 hr. Professionalism & Leadership and 1 hr. Administration & Management

This training will coincide with the Directors Discussion.

<u>Hancock/Brooke County</u>	<u>Ohio/Marshall County</u>	<u>Monongalia County</u>	<u>Marion County</u>
March 9, 2022 - Wednesday	March 16, 2022 - Wednesday	March 23, 2022 - Wednesday	March 30, 2022 - Wednesday
12:00 pm to 2:00 pm	12:00 pm to 2:00 pm	12:00 pm to 2:00 pm	12:00 pm to 2:00 pm
Location To Be Announced	Wheeling CCRC Office 3rd Floor Ballroom	Morgantown CCRC Office Training Room	Fairmont CCRC Office Training Room

**These trainings will benefit both new and veteran Directors and Assistant Directors.**

The discussions/trainings are planned to be offered in-person, however that may change due to COVID -19.

If this does occur you will be notified.

*If you are interested in attending, or have any questions,*  
contact Marcy Evans at 304-232-1603 or [marcyjo.a.evans@wv.gov](mailto:marcyjo.a.evans@wv.gov)

## CCRC Is Pleased to Announce the Addition of 2 New Staff Members!



Hello. My name is Amy McMillan. I joined the Wheeling Child Care Resource Center on October 12, 2021.

I hold a BA in Elementary Education from Marshall University with a specialization in Early Childhood Education and a Masters Degree in Special Education/Gifted Education from WVU.

I started/directed my own preschool in New Martinsville, and have taught kindergarten in Middlebourne, and served as a Statewide Director of Training for a resource & referral program in Hawaii. I have taught students preschool through college in several other states.

I am so glad to have an opportunity to work with other ECE passionate colleagues in my home state of West Virginia again and be near my family.

I am located in the Wheeling CCRC office and can be reached by phone at 304-232-1603 or at [amy.g.mcmillan@wv.gov](mailto:amy.g.mcmillan@wv.gov).

I'm so pleased to be a part of the amazing, dedicated group of people at CCRC! My name is Maureen Cotner, and I joined CCRC as an Administrative Assistant on September 13, 2021.

I'm new to the beautiful countryside of West Virginia, having moved to Morgantown from a career teaching Middle School for 15 years in Texas and Nevada.

I enjoy reading, cooking, and exploring areas in our new home state.

I am located in the Morgantown CCRC office and can be reached by phone at 304-292-7357 or at [maureen.m.cotner@wv.gov](mailto:maureen.m.cotner@wv.gov)



1 Scream - You Scream We All Scream for



**PEP CLUB!**

Providers Encouraging Providers

**January 12, 2022 - Wednesday**

**6:30 pm to 7:30 pm**



### It's My Business: Setting Business Goals

What Direction is Your Childcare Headed?

Make Plans To Attend This 1-Hour Training To Revisit The Why, What And How Of Setting Business Goals.

This training is part 1 of a series of 4 -- all trainings will be focused on Your Childcare Business!

Please RSVP to Chris or Ashley by 12-20-21--- 304-232-1603

[chris.l.gillis@wv.gov](mailto:chris.l.gillis@wv.gov) or [ashley.d.long@wv.gov](mailto:ashley.d.long@wv.gov)





January, February March, 2022  
 Professional Development Training Calendar  
 To register please visit [www.wvstars.org](http://www.wvstars.org)

## Online Professional Development

January 10, 2022 ( Monday)	TEAMWORK! Working Together to Make it Work	6:30 pm - 8:30 pm
January 11, 2022 (Tuesday)	Breastfeeding Basics	6:00 pm - 8:00 pm
January 19, 2022 (Wednesday)	Self-Care Isn't Selfish	6:30 pm - 7:30 pm
January 26, 2022 ( Wednesday)	The 3 R's: Reaching the Learning Brain in Young Children	6:30 pm - 8:00 pm
January 31, 2022 (Monday)	Pre-K Early Learning Standards Framework	6:30 pm - 8:30 pm
February 16, 2022 (Wednesday)	How To Teach Kids About Their Awesome Brain and BIG Emotions	6:30 pm - 8:00 pm
February 22, 2022 (Tuesday)	New Recipe Ideas 2	6:00 pm - 8:00 pm
March 22, 2022 (Tuesday)	Childhood Obesity	6:00 pm - 7:00 pm
March 23, 2022 (Wednesday)	Creating an Autism Friendly Classroom	6:30 pm - 8:30 pm

### Making A Difference: Mandate to Report, Responsibility to Prevent Child Abuse & Neglect

This training is offered online/on demand and is the approved course for childcare providers in recognizing, reporting and preventing child abuse and neglect.

Log on to your WV STARS account

Click on Course Catalog -- on the right side of the page there is a search box, type in MANDATED REPORTER



Making a Difference: Mandate to Report, Responsibility to ...

Get Item

This logo will pop-up, click on "Get Item" and follow the instructions to obtain the training.



## Discover Your

*Presented by Amy McMillan, MA  
 CCRC Early Childhood Specialist*



"Discover your Superpowers!" - This online professional development training will give early childhood educators a better understanding and awareness of their own personal, unique strengths (**Superpowers**). The training will increase awareness of one's unique traits and personality preferences. It will highlight how, through our diversity, we can build strong supportive relationships that will serve as models to the children, families, and colleagues.

Outcomes will be reduced stress, relationship building that promotes greater academic and social-emotional development that enhances professionalism, and leadership of early childhood professionals.

*More Information will be shared on our Facebook page and email listserv as it becomes available.*





## Training Topics Offered January - February - March -- 2022



### **Breastfeeding Basics** - HSN -- Basic Level -- Renee Stonebraker

How breastmilk is produced, advantages and disadvantages of breastfeeding, and how to encourage breastfeeding at a childcare center.

### **Childhood Obesity** - HSN -- Basic Level -- Renee Stonebraker

This training discusses the causes of childhood obesity and ways to prevent it.

### **Creating an Autism Friendly Classroom** - Child Growth & Dev. - Envir. & Cur.- Basic Level -- Missy Cuppett

This is an online training for early childhood educators seeking information on creating an autism friendly classroom through the use of visual schedules, social stories, calm down corners and more. This training was created for educators working with children in preschool/pre-k/school age classrooms.

### **How to Teach Kids About Their Awesome Brain and BIG Emotions** - CG&D - Basic Level -- Linda Reeves

Sometimes our brains are overwhelmed with strong emotions and feelings, creating confusion for children and adults. Giving children and adults a vocabulary to understand emotional experiences can help adults to know how to respond when children need help. This **1.5 hour online training** will discuss how to talk to children about their brains and emotions in a playful and simple way, especially when they “flip their lids”! This training is appropriate for anyone working with children ages 3 and older.

### **New Recipe Ideas 2** - HSN -- CG&D - Basic Level -- Renee Stonebraker

This training provides nutritional information and recipes for unique food from most food groups.

### **Pre-K Early Learning Standards Framework** - Envir. & Curriculum - Basic Level -- Missy Cuppett & Amy McMillan

This 2-hour online training will give a basic overview of the WV Early Learning Standards Framework, Preschool Edition. This training is intended for those who work with children ages 3-5 years old.

### **Self Care Isn't Selfish** - Professionalism and Leadership - Basic Level -- Chris Gillis

Caregivers of young children are the most nurturing and loving people, yet often put themselves at risk for early burnout. Participants will rediscover the importance of self care and discuss burnout prevention.

### **TEAMWORK! Working Together to Make it Work** - Fam. & Com. Partnerships -Prof. & Lead. - Admin. & Man. - Basic Level -- Missy Cuppett & Amy McMillan

This online training is for beginning early childhood educators looking for tips, tricks and positive ways to work together in Child Care Centers. During this two-hour training, the presenters and participants will discuss the importance of professionalism, self-care, and ways to build strong relationships with coworkers.

### **The 3 R's: Reaching the Learning Brain in Young Children** - CG&D - Child Ob. & Assm't - Basic Level - Linda Reeves

Early childhood educators are continually faced with young children who have experienced adversity or trauma in their lives who are struggling with learning and behavioral challenges at home and/or in the classroom. This **1.5 hour online training** will explore specific practical strategies to help vulnerable young children to think, learn and reflect using the model of the 3 R's (Regulate, Relate, Reason) developed by Dr. Bruce Perry, MD, a pioneering neuroscientist in the field of trauma. Open to all who work with infants, toddlers, and preschoolers in a variety of settings.



## National LEAP into SCIENCE Week February 21 to 27, 2022

Mark your calendars for February 21-27, 2022, for a week full of science fun as the entire CCRC Professional Development Team celebrates Leap into Science Week 2022!

Leap into Science is a nationwide program that integrates open-ended science activities with children's books, designed for children ages 3-10 and their families.

During Leap into Science Week, our Professional Development Team will be exploring difference science experiments each day on our Facebook page.

On **Thursday, February 24, 2022** - the Professional Development Team will host an online Science themed training to help you better incorporate science into your classroom, and we will be giving away some great prizes along the way!

Be sure to check our Facebook page in late January for more details!



# Nurse Health Consultant Online Trainings



## Medication Administration



Don't  
Wait to  
Register!

January 4, 2022 (Tuesday)	5:00 pm - 8:00 pm
January 27, 2022 (Thursday)	5:00 pm - 8:00 pm
February 10, 2022 (Thursday)	5:00 pm - 8:00 pm
February 16, 2022 (Wednesday)	5:00 pm - 8:00 pm
February 26, 2022 (Saturday)	8:00 am - 11:00 am
March 8, 2022 (Tuesday)	5:00 pm - 8:00 pm
March 29, 2022 (Tuesday)	5:00 pm - 8:00 pm


## Other Nurse Health Consultant Online Trainings

January 6, 2022 (Thursday)	Ear Infections in Children	6:00 pm - 7:00 pm
January 20, 2022 (Thursday)	Respiratory Infections in Children	6:00 pm - 7:00 pm
January 25, 2022 (Tuesday)	Infection Control in Childcare Setting	6:00 pm - 7:00 pm
February 2, 2022 (Wednesday)	Communicable Diseases	6:00 pm - 8:00 pm
February 7, 2022 (Monday)	Medical Action Plans	6:00 pm - 7:30 pm
February 28, 2022 (Monday)	Creepy, Crawly Creatures	6:00 pm - 8:00 pm
March 10, 2022 (Thursday)	Seizures Disorders in Childcare	6:00 pm - 7:00 pm
March 15, 2022 (Tuesday)	Morning Health Checks	6:00 pm - 7:00 pm
March 29, 2022 (Tuesday)	All About Allergies	6:00 pm - 8:00 pm

We need to encourage our kids to love to eat real food - honest, nutritious, healthy food. Less fast food. Less junk food. And they need to see us eating healthy by example.  
Karen Salmonsch



## WV Child Care Health Educator Trainings



Renee Y. Stonebraker, RS  
WV Child Care Health Educator  
15599 North Preston Highway  
Bruceton Mills, WV 26525  
Text/Call: 304-710-9695  
[rstonebraker@rvcds.org](mailto:rstonebraker@rvcds.org)



All That Sugar and Fat	Let's Move
Beans...More Than Just Cute Songs	New Recipe Ideas 1
Bed Bugs and Beyond	New Recipe Ideas 2
Being A Good Role Model	Oral Health
Breastfeeding Basics	Picky Eaters
Indoor/Outdoor Safety	Safe Sleep Practices
Let's Make A Menu	Stress Management
Understanding Special Dietary Needs	



# Health & Safety Grants



Health and safety grant applications are available through CCRC to family childcare providers and family childcare facilities in Hancock, Brooke, Ohio, Marshall, Wetzell, Tyer, Monongalia and Marion Counties.

The grants can be used to assist family and facility childcare providers with meeting health and safety requirements as well as to reward them for completing the requirements to move up a tier on the tiered reimbursement program.

Providers are eligible for up to \$250.00 for registered home providers and up to \$500.00 for family childcare facilities once a year. If you have not received a health and safety grant for this year (starting July 1, 2021) and are interested in receiving free health and safety items for your home or facility, please contact your local CCRC Office to request a grant application.

*the best  
Teachers  
are those  
who show you  
where to  
look  
but don't tell  
you what to  
see.*



## Concerned about your child's development?

### Get help early!

Call 1-866-321-4728  
[www.WVDHHR.org/Birth23](http://www.WVDHHR.org/Birth23)



Services are provided in the child's natural environment & at no cost to families. Eligibility is not based on income.

WV Birth to Three RAU-I is a program of: Catholic Charities West Virginia

WV Birth to Three services and supports are provided under Part C of the Individuals with Disabilities Act (IDEA) and administered through the WV Department of Health and Human Services Office of Maternal Child and Family Health.



Child Care Resource Center  
2000 Main Street - Suite 100  
Wheeling, WV 26003