



Happy New Year 2023!



Thank You for providing another year of care and education to the young children in Region I. Your nurturing environment, dedication, patience and hard work is the foundation to the solid and trusting relationships you have built with the families and children in your care. CCRC is very thankful for you and the positive lasting impact you have on the children throughout their entire lives.

Wishing You Continued Success in 2023!

Coaching & Support Reminder



We have shared this information with you a few times in the past, however, as we begin 2023, we just wanted to remind you that the CCRC Professional Development Team Specialists are available to assist your childcare business in various ways. Please understand that in many circumstances there isn't a "quick fix" and the process takes time and commitment for everyone involved.

If you would like assistance, just give us a call, we're here to help!

Who Can Help?

<p>Infant/Toddler Specialists Andrea Littleton - Wheeling Tiffany Kiess - Morgantown/ Fairmont</p> <p>Our Infant/Toddler Specialists can help in the areas of:</p> <ul style="list-style-type: none"> * WVIT I-R & WVIT II * Safe Sleep * Biting * Screening & Assessment * Developmental Expectations * Room Arrangement * Plus Much, Much More 	<p>Early Childhood Specialist Sommer Robinson - Morgantown/ Fairmont</p> <p>Our Early Childhood Specialists can help in the areas of:</p> <ul style="list-style-type: none"> * Creative Curriculum * Room Arrangement * Routine & Activity * Learning Centers * Positive Interactions * Plus Much, Much More 	<p>Behavioral Consultant's Linda Reeves - Wheeling Melissa Cuppett - Morgantown/ Fairmont</p> <p>Our Behavioral Consultants can help in the areas of:</p> <ul style="list-style-type: none"> * Positive Guidance and Support * Behavioral Observations * Mental Health Concerns * Intervention Strategies * Referrals to Community Agencies * Plus Much, Much More
<p>TRAILS Chris Gillis - Specialist Ashley Long - Associate</p> <p>Our TRAILS Team can help in the areas of:</p> <ul style="list-style-type: none"> * Curriculum Support & Guidance for Family & Facility Childcare Providers * Lending of Developmentally Appropriate Materials/ Resource to All Childcare Providers * TRAILS provides service to all of Region I * Plus Much, Much More 	<p>Quality Improvement Specialist Marcy Evans - Specialist</p> <p>Our Quality Improvement Specialist can help in the areas of:</p> <ul style="list-style-type: none"> * Working directly with Childcare Directors/Facility Owners and Family Childcare homes to promote continuous quality improvement. * Support & Guidance with the Tier Reimbursement Process * Marcy provides service to all of Region I 	 <p>Take a look at each specialty area to see who can provide you with the coaching and support you may need. It is not unusual to have 2 or 3 specialists working with an individual childcare provider/ facility or center.</p> <p><i>*Please note that during these uncertain times our services may be limited and/or a mix of face to face and virtual interactions.</i></p>

CCRC Office Locations

Hancock County

Temporarily Closed

Contact the Wheeling Office

Ohio & Marshall County

2000 Main Street, Suite 100

Wheeling, WV 26003

304-232-1603 or 800-585-1603

Marshall County

Temporarily Closed

Contact the Wheeling Office

Monongalia County

320 Scott Avenue - Suite 302

Morgantown, WV 26508

304-292-7357 or 888-272-7357

Marion County

320 Adams Street - Suite 106

Fairmont, WV 26554

304-366-3615

Tyler & Wetzel County

1236 N. State Route 2

New Martinsville, WV 26155

304-455-0920

Visit our website at:

<http://www.ccrchwv.org/>

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In this edition of the Quality Times Newsletter you will find more than usual Professional Development opportunities being offered in the module format. We have an overwhelming amount of requests to participate in the new Child Care Credentialing trainings, we are trying our best to meet those needs as well as provide you with the regular 2-hour trainings.

Please remember that many online trainings are available through WV STARS across the state to assist you in meeting your professional development needs.



WVIT I - R

West Virginia Infant/Toddler Professional Development Program I-Revised

Both Wheeling & Morgantown/Fairmont Programs Will Be Held Virtually

Wheeling

Administrators Module -- Must Attend Both Sessions

Wednesday - January 4, 2023 -- 9:00 am to 12:00 pm

Thursday - January 5, 2023 -- 9:00 am to 12:00 pm

WVIT I - R

First Class - Tuesday, January 17, 2023 - 12:00 pm ~ 3:30 pm

Last Class - Tuesday, April 11, 2023 - 12:00 pm ~ 3:30 pm

For the full schedule or to ask questions

Please Call Andrea to Register 304-232-1603

Don't Hesitate, Reserve Your Spot Now!

Morgantown/Fairmont

Administrators Module -- Must Attend Both Sessions

Wednesday - January 4, 2023 -- 9:00 am to 12:00 pm

Thursday - January 5, 2023 -- 9:00 am to 12:00 pm

WVIT I - R

First Class - Wednesday, January 18, 2023 - 12:00 pm ~ 3:30 pm

Last Class - Wednesday, April 12, 2023 - 12:00 pm ~ 3:30 pm

For the full schedule or to ask questions

Please Call Tiffany to Register 304-366-3615

Don't Hesitate, Reserve Your Spot Now!

WVIT 2



WVIT 2 Will Be Held Virtually.

If You Are A Provider In Region I and Meet The Requirements, You Can Participate in WVIT 2



Region I

Administrators Module -- Must Attend Both Sessions

Wednesday - January 4, 2023 -- 1:00 pm to 4:00 pm

Thursday - January 5, 2023 -- 1:00 pm to 3:00 pm

WVIT I - R

First Class - Tuesday, January 10 2023 - 12:00 pm ~ 3:30 pm

Last Class - Tuesday, March 14, 2023 - 12:00 pm ~ 3:30 pm

For the full schedule or to ask questions

Please Call Tiffany to Register 304-366-3615

Deadline to Register is December 28, 2022

Limited Spots Available!



If you see this symbol  next to a listed training, it indicates that the training meets the requirement for the General Child Care Credential.

Child Care Director Professional Development

3 Wonderful Professional Development Opportunities Coming Your Way!



Quality Counts is an in depth look at program supports that are necessary to achieve and maintain quality childcare and the important role early childhood educators play within the process.

.5 hr Professionalism & Leadership --- .5 hr Administration & Management



<u>Hancock/Brooke County</u>	<u>Ohio/Marshall County</u>	<u>Monongalia/Marion County</u>
January 11, 2023- Wednesday	January 18, 2023 - Wednesday	January 25, 2023 - Wednesday
12:00 pm to 2:00 pm	12:00 pm to 2:00 pm	12:00 pm to 2:00 pm
Children’s Academy 3404 Main St., Weirton	Wheeling CCRC Office 2nd Floor Conference Room	Morgantown CCRC Office 3rd Floor Training Room

Online Training

February 22, 2023 (Wednesday)

5:00 pm - 7:00 pm



Utilizing the Environment Rating Scale to Achieve Higher Program Quality

is an overview of the newest versions of the Environmental Rating Scales, the scoring system, and how to use the information from the ERS self-assessments to enhance your program’s quality.

1 hr Professionalism & Leadership --- 1 hr Administration & Management

Planning Your Professional Growth during this in-person, face to face training you will learn:

- Professional Development as it relates to Quality Child Care
- The Importance of Professional Development and Individual Planning
- Understanding WV Core Knowledge and Competencies
- How to make Professional Development Planning work for you

1 hr Professionalism & Leadership --- 1 hr Administration & Management

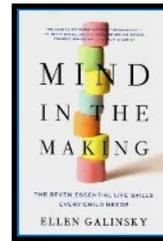


<u>Hancock/Brooke County</u>	<u>Ohio/Marshall County</u>	<u>Monongalia/Marion County</u>
March 8, 2023 - Wednesday	March 15, 2023 - Wednesday	March 22, 2023 - Wednesday
12:00 pm to 2:00 pm	12:00 pm to 2:00 pm	12:00 pm to 2:00 pm
Little Bear Daycare Millsop 1401 Legion Rd., . Weirton	Wheeling CCRC Office 2nd Floor Conference Room	Morgantown CCRC Office 3rd Floor Training Room

If you are interested in attending one or all of these trainings, or have any questions, contact Marcy Evans at 304-232-1603 or marcyjo.a.evans@wv.gov



Mind In The Making! Online



Mind in the Making is an 8 week learning process that uses research on children’s development, including classic and recent studies on how children learn and how teaching can encourage engaged learning.

Overview Session for Center and Facility Director’s Tuesday – January 17, 2023 – 12:00 pm to 2:00 pm

The overview session is mandatory for child care center/facility directors to attend before a staff person can attend. *All Directors sending staff to Mind in the Making Must Attend the Overview, even if you attended in the past. Directors who sent staff to the Mind in the Making in October 2022 and attended the Directors Overview DO NOT need to attend. If you have questions, please contact Sommer Robinson.*

Participant Sessions

Thursday - January 19th	12:00 pm to 2:00 pm
Thursday - January 26th	12:00 pm to 2:00 pm
Thursday - February 2nd	12:00 pm to 2:00 pm
Thursday - February 16th	12:00 pm to 2:00 pm
Thursday - February 23rd	12:00 pm to 2:00 pm
Thursday - March 2nd	12:00 pm to 2:00 pm
Thursday - March 9th	12:00 pm to 2:00 pm
Thursday - March 16th	12:00 pm to 2:00 pm

Resources Will Be Provided Upon Completion of the Module Series!

Only 15 Spots Available!

For More Information & To Register:

Call or email Sommer Robinson at 304-336-3615 or sommer.r.robinson@wv.gov

Training Available From the WV Child Care Health Educator



To request a specific training, please contact Renee Stonebraker at: 304-710-9696 or rstonebraker@rvcds.org



All That Sugar and Fat	Let’s Move
Beans...More Than Just Cute Songs	New Recipe Ideas 1
Bed Bugs and Beyond	New Recipe Ideas 2
Being A Good Role Model	Oral Health
Breastfeeding Basics	Picky Eaters
Identifying Environmental Hazards 1	Planting Seeds for Healthy Eating
Identifying Environmental Hazards 2	Safe Sleep Practices
Indoor/Outdoor Safety	Stress Management
Let’s Make a Menu	Understanding Special Dietary Needs

Child Care Nurse Health Consultant & Health Educator Online Trainings

Nurse Health Consultant = NHC Health Educator = HE

Medication Administration

Saturday Training!

January 17, 2023 (Tuesday)	5:00 pm - 8:00 pm	NHC
February 4, 2023 (SATURDAY)	8:00 am - 11:00 am	NHC
March 2, 2023 (Thursday)	5:00 pm - 8:00 pm	NHC
March 22, 2023 (Wednesday)	5:00 pm - 8:00 pm	NHC



Other Health Related Trainings

January 10, 2023 (Tuesday)	Communicable Diseases	6:00 pm - 8:00 pm	NHC
January 18, 2023 (Wednesday)	New Recipe Ideas 1	6:30 pm - 8:30 pm	HE
January 19, 2023 (Thursday)	Infection Control	6:30 pm - 7:30 pm	NHC
January 24, 2023 (Tuesday)	Safe Sleep Practices	6:30 pm - 8:30 pm	HE
January 26, 2023 (Thursday)	Medical Action Plans	6:00 pm - 7:30 pm	NHC
February 7, 2023 (Tuesday)	Communicable Diseases	6:30 pm - 8:30 pm	NHC
February 8, 2023 (Wednesday)	Oral Health	6:30 pm - 8:30 pm	HE
February 9, 2023 (Thursday)	Ear Infections	6:00 pm - 7:00 pm	NHC
February 13, 2023 (Monday)	Stress Management	6:30 pm - 8:30 pm	HE
February 16, 2023 (Thursday)	Morning Health Checks	6:30 pm - 7:30 pm	NHC
February 21, 2023 (Tuesday)	Breastfeeding Basics	6:30 pm - 8:30 pm	HE
March 1, 2023 (Wednesday)	All About Allergies	6:00 pm - 8:00 pm	NHC
March 7, 2023 (Tuesday)	Neonatal Abstinence Syndrome	6:30 pm - 8:30 pm	NHC
March 13, 2023 (Monday)	Creepy, Crawly Creatures	6:00 pm - 8:00 pm	NHC
March 15, 2023 (Wednesday)	New Recipe Ideas 2	6:30 pm - 8:30 pm	HE
March 20, 2023 (Monday)	Indoor and Outdoor Safety	6:30 pm - 8:30 pm	HE
March 21, 2023 (Tuesday)	Infection Control	6:30 pm - 7:30 pm	NHC



Lunchtime Learning



January 16, 2023 (Monday)	Childhood Obesity	1:00 pm - 2:00 pm	HE
January 23, 2023 (Monday)	Respiratory Infections in Children	1:00 pm - 2:00 pm	HNC
February 22, 2023 (Wednesday)	Oral Health	1:00 pm - 2:00 pm	NHC
March 29, 2023 (Wednesday)	What Child Care Nurse Health Consultants & Child Care Health Educators Do for You	1:00 pm - 2:00 pm	NHC/ HE


Karen Gilbert, RN, BSN -- Nurse Health Consultant
 WV Early Childhood Training Connections & Resources
 Points, WV 25437
kgilbert@rvcds.org
 Cell: 304-840-1933 texts only Office: 304-492-5550


Renee Stonebraker, RS -- Health Educator
 WV Early Childhood Training Connections & Resources
 Bruceon Mills, WV
rstonebraker@rvcds.org Text/Call: 304-710-9695



January, February March, 2023
 Professional Development Training Calendar
 To register please visit www.wvstars.org



This symbol identifies training that meets the General Child Care Credential

Online Professional Development

January 11, 2023 (Wednesday)	Creating An Autism Friendly Classroom	6:30 pm - 7:30 pm
February 1, 2023 (Wednesday)	Creating a Self-Care Plan for YOU!	6:30 pm - 8:30 pm
February 15, 2023 (Wednesday)	Spreading HOPE	6:30 pm - 8:00 pm
March 8, 2023 (Wednesday)	10 Steps to a Culturally Diverse Classroom	6:30 pm - 8:30 pm
March 22, 2023 (Wednesday)	Hidden Consequences: The Impact of Incarcerated Parents on Young Children	6:30 pm - 8:00 pm

In Person Professional Development

MORGANTOWN ---- March 1, 2023 (Wednesday) Planting the Seeds for Healthy Eating 6:30 pm - 8:30 pm



ACEs 101 Training



Adverse Childhood Experiences (ACEs) are potentially traumatic events that occur before a child reaches the age of 18. Such experiences can interfere with a person’s health, opportunities, and stability throughout his or her lifetime. The ACEs 101 training will discuss ACEs and their impact on children and adults, introduce ways to overcome ACEs through resilience, and introduce strategies to prevent ACEs by shedding light on potential risk factors.

Follow us on Facebook to receive notifications of training availability

Making A Difference: Mandate to Report, Responsibility to Prevent Child Abuse & Neglect




This training is offered online/on demand and is the approved course for childcare providers in recognizing, reporting and preventing child abuse and neglect.

Log on to your WV STARS account

Click on Course Catalog -- on the right side of the page there is a search box, type in MANDATED REPORTER

Making a Difference: Mandate to Report, Responsibility to ...

Get Item

This logo will pop-up, click on “Get Item” and follow the instructions to obtain the training.



Celebrating Connections 2023 April 18 - 20, 2023

Charleston Coliseum & Convention Center
 Charleston, WV

Join us for a great lineup of speakers from across the country and right here in West Virginia
Registration for Celebrating Connections will be electronic, therefore no programs will be mailed out without a specific request.

Any questions can be directed to smiller@rvcds.org

Registration opens January 2023!



For up-to-date Celebrating Connections 2022 conference information, please visit <https://www.eventsquid.com/event/16990>



Training Topics Offered January - February - March -- 2023



10 Steps to a Culturally Diverse Classroom - CGD, Fam. & Community, Child Ob. & Assm't, Envi. & Cur., Prof. & Leadership Basic Level -- Melissa Cuppett

This is an ONLINE training is for beginning early childhood educators looking for tips, tricks, and positive ways to create a culturally diverse classroom. This training will focus on providing culturally sensitive care to all age groups.

Creating an Autism Friendly Classroom - Child Growth & Dev. - Envir. & Cur.- Basic Level -- Melissa Cuppett

This is an online training for early childhood educators seeking information on creating an autism friendly classroom through the use of visual schedules, social stories, calm down corners and more. This training was created for educators working with children in preschool/pre-k/school age classrooms.

Creating a Self-Care Plan for YOU! - HSN, Prof. & Leadership - Basic Level -- Melissa Cuppett

Self-Care is more than just taking a bubble bath or going for a walk, it is the practice being an active role one's own well-being and happiness, especially during times of stress. This two-hour ONLINE training will help early childhood educators understand the different types of self-care and how to put a self-care plan into place while at home and at work!

Hidden Consequences: The Impact of Incarcerated Parents on Young Children - CG&D, Fam. & Community

Basic Level -- Linda Reeves

The incarceration of a parent can put a strain on many aspects of a young child's life including substantial risks to their social/emotional, behavioral, physical, academic, and financial well-being. Many of these children live in foster/kinship care homes and attend childcare settings. This training will discuss the impact of parental incarceration on the development and well-being of young children and how childcare providers can best support their sensitive needs.

Planting the Seeds for Healthy Eating - HSN -- CG&D - Basic Level -- Renee Stonebraker

This training will discuss the benefits of gardening, different types of gardens, how to grow food in a container, and garden food safety

Spreading HOPE - CG&D, Fam. & Community Basic Level -- Linda Reeves

The HOPE training will cover the effects of ACEs on health outcomes, the importance of positive childhood experiences, and the research showing their mitigating effects on ACEs as well as the biological basis for these effects. We will introduce the four building blocks of HOPE and discuss type 1 vs. type 2 thinking. The presentation will present some ideas of how to incorporate the HOPE Framework into practice.

WV Early Learning Standards Framework: Infant/Toddler with Lesson Planning

Face to Face -- In Person Training

CCRC Fairmont Office -- 320 Adams St. Suite 106, Fairmont



This is a six-hour module series, broken up into 3, 2-hour classes. This course will provide an opportunity to explore the WV Early Learning Standards Framework for Infants & Toddlers by focusing on two developmental domains each class. Each class will discuss the purpose, content, application and benefits of the learning standards, as well as, how to incorporate each domain into a lesson plan. By the end of the module series, you will have a detailed explanation of how the early learning standards work and how to incorporate them into a complete lesson plan for infants and toddlers. Upon completion you will be eligible for resources directly linked to the WV ELSF for Infants and Toddlers.

Participant Sessions

Tuesday - March 21st	6:00 pm to 8:00 pm
Thursday - March 23rd	6:00 pm to 8:00 pm
Tuesday - March 28th	6:00 pm to 8:00 pm

For More Information or to Register, please contact Tiffany Kiess at 304-366-3615 or tiffany.r.kiess@wv.gov

PEP CLUB!

Providers Encouraging Providers

PEP Club is the place to be for Facility & Family Childcare providers to meet, share ideas, participate in training and support one another.

Upcoming Meetings

Online January 18, 2023 6:30 pm - 7:30 pm	Wetzel/Tyler County In Person January 19, 2023 6:00 pm - 7:00 pm Location TBA	Monongalia/Marion County In Person February 15, 2023 6:00 pm - 7:00 CCRC Fairmont Office
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The training for these meetings will be "Meet Your Infant/Toddler Specialist" and learn what they can do for you!

Including topics such as the Breastfeeding Initiative, T.R.I.P program, Safe Sleep, Technical Assistance & Support, etc.

Please contact Chris Gillis at 304-232-1603 or chris.l.gillis@wv.gov to register

Concerned about your child's development?

Get help early!

Call 1-866-321-4728
www.WVDHHR.org/Birth23



Services are provided in the child's natural environment & at no cost to families. Eligibility is not based on income.

WV Birth to Three RAU-I is a program of 

WV Birth to Three services and supports are provided under Part C of the Individuals with Disabilities Act (IDEA) and administered through the WV Department of Health and Human Services Office of Maternal Child and Family Health.

Building a Firm Foundation with TRAILS One Block at a Time

This 4-session mini series will cover best practice, child development, organizing your day and home, and how to build positive relationships.



These trainings will take place in the Family Child Care Provider Home or Facility.

Each session will last 1 hour and you will receive WV STARS Credit upon completion.

If interested, please contact Chris Gillis at 304-232-1603 or chris.l.gillis@wv.gov



Child Care Resource Center
2000 Main Street - Suite 100
Wheeling, WV 26003