



Happy New Year! 2021



Looking Back - Looking Forward

2020 is a year to put in the record books. Although the year challenged us in ways we have not seen before, it also gave us the motivation to grow in ways we have not done before. Many of us were faced with stepping out of our comfort zones, making adjustments to accommodate new work spaces, school environments and technology. Several of us dealt with personal loss and we also welcomed new beginnings with weddings and precious babies. No matter what the situation, we were all tasked to stay safe and healthy.

2020 provided us with the opportunity to look at priorities and consider what really matters most in our lives.

So, as one year ends and another begins we wish you health, prosperity, and happiness for a Wild & Wonderful 2021!

Stay Strong WV!



Professional Development

What constitutes professional development?

When people use the term “professional development,” they usually mean a formal process such as a conference, seminar, or workshop: collaborative learning among members of a work team; or a course at a college or university. However, professional development can also occur in informal contexts such as discussions among work colleagues, independent reading and research, observations of a colleague's work, or other learning from a peer.

Why do new educators need extra support?

New staff juggle an overwhelming number of unfamiliar issues, such as classroom management, instruction, curriculum, parent relations and interactions with other staff. With extra support, however new staff learn more effective practices to apply to daily challenges. Additional support also helps to retain new staff and set them on the path to success.

What is effective professional development?

To be effective professional development requires thoughtful planning followed by careful implementation with feedback to ensure it responds to the staffs’ learning needs. Staff who participate in professional development then must put their new knowledge and skills to work. Professional development is not effective unless it causes staff to improve their skills and have increased job performance.

*Resource: <https://learningforward.org/wp-content/uploads/2017/08/professional-development-matters.pdf>

CCRC Office Locations

Hancock County

Tuesday's & Wednesday's

100 Municipal Plaza, Suite 600

Weirton, WV 26062

Contact the Wheeling Office for Questions

Ohio & Marshall County

2000 Main Street, Suite 100

Wheeling, WV 26003

304-232-1603 or 800-585-1603

Marshall County

Wednesday's -- 9:00 am to 12:00 pm

400 Teletech Drive Suite 2

Moundsville, WV 26041

304-843-4120

Monongalia County

965 Hartman Run Rd., Suite 1103

Morgantown, WV 26505

304-292-7357 or 888-272-7357

Marion County

118 Adams Street - Suite 101

Fairmont, WV 26554

304-366-3615

Tyler & Wetzel County

1236 N. State Route 2

New Martinsville, WV 26155

304-455-0920

Visit our website at:

<http://www.ccrewv.org/>

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CCRC Staff Earn WV Infant Toddler Mental Health Association (WV ITMHA) Endorsement®

CCRC Infant Toddler Specialist Janice Barnett and CCRC Behavior Consultant Linda Reeves have earned the WV Infant Toddler Mental Health Association (WV ITMHA) Endorsement® for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health® as Infant Family Specialists (Category II). Both Janice and Linda previously earned the WV ITMHA Endorsement® as Infant Family Associates (Category I) and are the first in WV to earn endorsement in two categories. They are currently one of 27 currently endorsed in Category I and one of 7 in Category II. CCRC Infant Toddler Specialist Chrissy Pownell has also earned endorsement as an Infant Family Associate (Category I).

Endorsement is a process that supports and recognizes the development of professionals who work with or on behalf of infants, toddlers, and their families. It is rooted in evidence-based practices for promoting social emotional competence and preventing challenging behaviors.

The WV ITMHA Endorsement® process uses a nationally recognized set of competencies that helps define best practice and guides professional growth. All professionals who have experience working with or on behalf of infants, toddlers, parents, and/or other caregivers and meet the educational, work, training, and reflective supervision/consultation requirements as specified at each level are encouraged to seek endorsement.

For more information on the WV Infant Toddler Mental Health Association and the endorsement process, please visit <https://teamwv.org/west-virginia-infant-toddler-mental-health-association>.



Janice Barnett

Infant/Toddler Specialist



Linda Reeves

Behavior Consultant



Chrissy Pownell

Infant/Toddler Specialist



Professional Development Opportunities



WVIT I - R

WVIT I - Revised



As you all know by now, the Infant/Toddler Specialists along with Joyce Tucker, Infant Toddler Specialist Network Coordinator have been in the process of revising the WVIT I program and they are ready to roll out the very first WVIT I - R beginning January 2021!

The first group of participants will be enrolled in the 12 session, 4 module pilot program. This pilot program will be completely virtual. Each session will be approximately 3.5 hrs in length.

All participants will need to have reliable internet access.

Please contact the Infant Toddler Specialist in your area for more information

Janice Barnett - Wheeling Area at 304-232-1603 and Chrissy Pownell - Morgantown Area at 304-366-3615

Follow us on Facebook to receive the most current information and updates.

You can also find additional infant toddler information on the WV Infant Toddler Specialist Network website at wvit.org and on their Facebook page.

Professional Development Opportunities



Music Matters! On Demand Training



March 8, 2021 through March 15, 2021

When you register for this 2 hour training you can take it anytime that is convenient with your schedule. If you want to take the training at 2 o'clock in the afternoon you can - if you can't sleep and want to take the training at 4:00 o'clock in the morning, you can! This training is on demand, you just need to complete it at some point during the above listed dates.

*This training is geared towards preschool/pre-kindergarten teachers or those working with children between the ages of 3 and 5 years old. This training does not include information for children under the age of 3.

Additional Information on Page 10 in the Training Descriptions.



CALLING ALL DIRECTORS!



The Extra Degree

With the added power of that one small push, that one extra degree, you can move your program from where it is to where you want it to be!

In this training we will use the principles of 212: The Extra Degree to collaborate & formulate strategies that will expand and develop the quality of your program.



Professional Development Opportunities

Nurse Health Consultant Online Trainings Medication Administration



January 5, 2021 (Tuesday)	5:00 pm - 8:00 pm
January 14, 2021 (Thursday)	5:00 pm - 8:00 pm
February 11, 2021 (Thursday)	5:00 pm - 8:00 pm
February 23, 2021 (Tuesday)	5:00 pm - 8:00 pm
March 15, 2021 (Monday)	5:00 pm - 8:00 pm
March 24, 2021 (Wednesday)	5:00 pm - 8:00 pm

Contact Information:
Karen Gilbert, RN, BSN
 Child Care Nurse Health Consultant
 WVECTCR
 Points, WV 25437
 304-840-1933
kgilbert@rvcds.org



Other Online Trainings

February 16, 2021 (Tuesday)	Respiratory Illness	6:00 pm - 8:00 pm
February 24, 2021 (Wednesday)	Allergies	6:00 pm - 8:00 pm
March 2, 2021 (Tuesday)	Oral Health in Children	12:00 pm - 1:00 pm
March 16, 2021 (Tuesday)	Infection Control	12:00 pm - 1:00 pm

WV Child Care Health Educator Trainings

Renee Y. Stonebraker, RS
 WV Child Care Health Educator
 15599 North Preston Highway
 Bruceton Mills, WV 26525
 Text/Call: 304-710-9695
rstonebraker@rvcds.org



All that Sugar and Fat	New Recipe Ideas 1
Beans...More Than Just Cute Songs	New Recipe Ideas 2
Bed Bugs and Beyond	Oral Health
Being a Good Role Model	Picky Eaters
Breastfeeding Basics	Safe Sleep Practices
Indoor/Outdoor Safety	Stress Management
Let's Make a Menu	Understanding Special
Let's Move	Dietary Needs

Keep Up With The Latest Notifications & Reminders

- Scheduled Training Information
- Notifications of CCRC Office Closings
- Notifications of Policy Changes & Updates
- Notification of Upcoming Director's Meetings
- Notification of State & Local Professional Development Opportunities

Like Us On



childcareresourcecenterwv



January, February, March Training Calendar

To register please visit www.wvstars.org

Online Professional Development



January 12, 2021 (Tuesday)	Safe Sleep Practices	6:00 pm - 8:00 pm
January 13, 2021 (Wednesday)	TEAMWORK! Working Together to Make it Work!	6:30 pm - 8:30 pm
February 8, 2021 (Monday)	Bed Bugs & Beyond	6:00 pm - 8:00 pm
February 10, 2021 (Wednesday)	10 Steps to a Culturally Diverse Classroom	6:30 pm - 8:30 pm
February 17, 2021 (Wednesday)	Helping Young Children Feel Safe and Confident in the Midst of Change	1:00 pm - 2:30 pm
March 3, 2021 (Wednesday)	Children & Grief	6:30 pm - 7:30 pm
March 11, 2021 (Thursday)	Stress Management	6:00 pm - 8:00 pm
March 15, 2021 (Monday)	Acting Out Activities!	6:30 pm to 7:30 pm
March 24, 2021 (Wednesday)	Playground Safety	6:30 pm - 8:30 pm



Making A Difference: Mandate to Report, Responsibility to Prevent Child Abuse & Neglect

This training is offered online/on demand and is the approved course for child care providers in recognizing, reporting and preventing child abuse and neglect.

Log on to your WV STARS account

Click on Course Catalog -- on the right side of the page there is a search box, type in MANDATED REPORTER



This logo will pop-up - click on "Get Item" and follow the instructions to obtain the training.



Making a Difference: Mandate to Report, Responsibility to

Get Item



21 Day Self-Care Challenge

2 Part Mini-Module Series

Caregivers of young children are the most nurturing and loving people, yet too often they put themselves at risk for early burnout! Lets review why self-care is NOT selfish, but NECESSARY to stay grounded, productive and healthy. Participants will rediscover the importance of self-care, review self-care strategies, and discuss *21 Day Challenge* planning in this ONLINE 2 part Mini-Module series.

Module 1 -- February 9, 2021 -Tuesday -- 6:30 pm to 7:30 pm -- (HSN)

What are the top symptoms of burnout? Why is self-care important? When can I start self-care? We will review simple self-care strategies you may want to include in your personal *21 Day Challenge*.

Module 2 -- March 23, 2021 - Tuesday -- 6:30 pm to 7:30 pm (HSN)

Lets Talk! We will discuss what was learned during the 21 Day Challenge for those who participated. We will review the what, why, and how of moving forward with successful self-care strategies.

For More Information Contact Chris Gillis at 304-232-1603

January - February - March Training Descriptions

10 Steps to a Culturally Diverse Classroom - *CG&D, FCR, Ob. & Assm't, Prof. & Leadership - Basic Level -*

Missy Cuppett and Ali Svolos

This training is for beginning early childhood educators looking for tips, tricks and positive ways to create a culturally diverse classroom. This training will focus on providing culturally sensitive care to all age groups.

Acting Out Activities! - *Child Growth & Dev.- Basic Level - Ali Svolos*

This course covers why active learning is essential. It provides activities for categories including community building, prosocial skills, self-regulation, brain breaks and relaxation exercises. The activities are meant to be part of lessons, daily schedules, or to be used on-hand. The activities are geared to avoid challenging behaviors.

This session is for staff working with children ages 3 - 5.

Bed Bugs and Beyond- *Environment & Curriculum; HSN - Basic Level -- Renee Stonebreaker*

Information on bed bugs, head lice, mice and rats, cockroaches, and ants and how to manage them at a childcare center will be discussed.

Children and Grief - *CGD & FCR - Basic Level -- Linda Reeves*

Grief is a normal and natural reaction to loss. The way children experience grief depends on their developmental stage. The training will discuss the grieving process in young children and ways childcare providers and educators can assist a grieving child's unique needs in the classroom.

Helping Young Children Feel Safe and Confident in the Midst of Change - *CGD & FCR - Basic Level -- Linda Reeves*

The many dramatic and life altering events of this past year have presented unique challenges that have been difficult for adults and children alike, Such traumatic life situations can be extra-challenging for young children whose brains are still developing and include a limited framework to understand and respond to these changes. This training will discuss how young children respond to stress and trauma and strategies to help promote their emotional well-being in the face of adversity".

Music Matters! - *Child Growth & Development, Environment & Curriculum - Basic Level - Missy Cuppett*

This 2 hour ON DEMAND training will give early childhood educators a better understanding and appreciation for the importance of music in the classroom. The training will discuss the benefits of music in each of the developmental domains, music/movement activities to utilize across various areas (ie. - music and science, music and math), and how to create a music center in the classroom or improve the music center if one already exists.

This training is intended and geared toward Preschool/Pre-K teachers it does not incorporate information for children under the age of 3.

TEAMWORK! Working Together to Make it Work! - *F & C Relationships, Prof. & Leadership; Admin & Management -*

Basic Level - Missy Cuppett and Ali Svolos

This is an Online training for beginners looking for tips, tricks and positive ways to work together in child care centers. During this two-hour training, the presenters and participants will discuss the importance of professionalism, self-care, and ways to build strong relationships with coworkers.

Playground Safety - *Environment & Curriculum; HSN - Basic Level -- Missy Cuppett*

Many of the injuries that occur in childcare settings happen while outside on the playground. This 2-hour training will provide participants with multiple way to improve playground supervision/safety while working to decrease the number of incidents occurring on the playground. While this training is useful to any professional in the field, it is targeted toward those in the preschool and after-school programs.

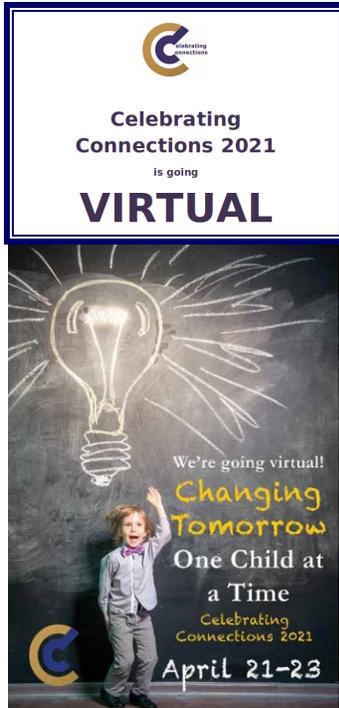
Safe Sleep Practices - *HSN - Basic Level - Renee Stonebraker*

Guidelines on how to reduce the risk of SIDS and suffocation for infants up to 1 year old and sleep guidelines for older children will be reviewed.

Stress Management - *HSN ; Child Growth & Dev.; Prof. & Leadership - Basic Level - Renee Stonebraker*

Facts about stress, how it affects our health, and healthy ways to deal with stress for adults and children.

Professional Development Opportunities



Join us for a great lineup of speakers from across the country and right here in West Virginia, right from your home or office. Registration for Celebrating Connections will also be electronic, therefore no programs will be mailed out without a specific request.

The conference committee is working to receive approval for graduate credit (must attend 3 days of conference) and CEUs in Social Work, Nursing, WV Birth to Three, WV STARS, Physical Therapy, Occupational Therapy, Speech Language Pathology, Counseling and Professional Development Graduate Hours.

Keep your eyes out for Celebrating Connections 2021 registration, rolling out January, 2021.



Apprenticeship for Child Development

Due to the current COVID-19 precautions and mandates, all Fall 2020 semesters of ACDS will be held virtually. Dependent on the instructor, classes will be taught either 100% through Zoom or through a combination of self-paced online courses with Zoom check ins. The Fall class schedule is available on the ACDS website, www.wvacds.org and on our Facebook page.

1. All students must complete an **online orientation**. The orientation is available on the WV STARS website. Students can be either on the WV STARS pathway or registry.
2. All students must complete and submit a **registration form** to ACDS no later than one week before the class start date (start dates will vary). The registration form may be emailed, mailed or faxed.
3. The **\$25.00 registration fee** must be sent **directly to the ACDS office** no later than one week before the class start date.

O Failure to submit the registration form and/or the registration fee will result in the applicant not being enrolled.

Topics of Study Include:

- Health, Safety and Nutrition
- Relationships with Children & Families
- Child Guidance
- Community Resources
- Exceptionalities and Disabilities
- Professionalism
- Observation and Assessment
- Brain Development
- Language and Literacy Development
- Culture and Diversity
- Creative Expression
- Finances and Money Management

Contact Information

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Phone: 304-523-0433
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Email: wvacds@rvcds.org



www.wvacds.org



Family Child Care Providers

Family Child Care Meetings are being held virtually. These meetings are a wonderful time for Family Child Care Providers to come together to meet and discuss challenges, share ideas and receive WV STARS training. If you are interested in attending or have an idea to discuss call Chris at 304-232-1603.

Director's Meeting
Plan to Attend!

Director's Meetings are being held virtually Director's will receive notification of meetings via e-mail. If you would like more information, or have an idea you would like to discuss, please call Marcy at 304-232-1603 or email at marcyjo.a.evans@wv.gov

Concerned about your child's development?

Get help early!

Call 1-866-321-4728
www.WVDHHR.org/Birth23



Services are provided in the child's natural environment & at no cost to families. Eligibility is not based on income.

WV Birth to Three RAU-I is a program of: Catholic Charities West Virginia

WV Birth to Three services and supports are provided under Part C of the Individuals with Disabilities Act (IDEA) and administered through the WV Department of Health and Human Services Office of Maternal Child and Family Health.



Are you looking for an agency or individual who offers CPR & First Aid Classes?

Please call your local Child Care Resource Center.



Child Care Resource Center
2000 Main Street - Suite 100
Wheeling, WV 26003

Child Care Resource Center