



# The Quality Times

## Child Care Resource Center



January, February,  
March 2013

Sponsored by  
Catholic Charities,  
West Virginia and  
Funded by the WV  
DHHR, Bureau for  
Children & Families,  
Early Care &  
Education

## Happy Holidays



### Individual Highlights:

PDAC Info	3
Director's Discussion	6
WVIT	10
Training Calendar	11-14

## Save The Date

**For more  
information, please  
contact:**

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Suite 322  
Huntington, WV 25701  
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7603 - (888) 983-2827  
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[aedwards@rvcds.org](mailto:aedwards@rvcds.org)

February  
19-22

*Painting the  
Picture:  
Children,  
Families &  
Communities*

www.earlychildhood.org

2013 Celebrating Connections Conference

Charleston

*Tips from the Nurse's Desk*  
*Heidi Zbosnik RN*




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Heidi Zbosnik

*Nurse Health Consultant*

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309 Cleveland Ave.  
 Suite 209  
 Fairmont, WV 26554

*Did you know.....*

WV does not currently have any regulations for medication disposal in a childcare setting. It is recommended that your facility have a policy in regards to when unused/expired medications should be disposed. Best practice is to return to the child's parent/guardian. If unable to do so for any reason, don't risk becoming a medicine cabinet for storage of needless medications. Expired and unused medications increase the risk of medication errors! Check out these tips from the [www.smarxtdisposal.net](http://www.smarxtdisposal.net) website to safely remove unnecessary medications from your childcare setting.

- On prescription bottles, the label will often tell you when the medicine should be discarded. On over-the-counter medicines and sample medicines, the expiration date (the date it should be discarded) is often printed on the label under "EXP," or stamped without ink into the bottom of a bottle, carton, or the crimp of a tube.
- As time passes, medicines may lose their effectiveness. In rare cases, outdated medicines could become toxic. For example, taking expired tetracycline (an antibiotic can cause serious kidney problems).
- **DO NOT FLUSH** unused medications. Consumers were once advised to flush their expired or unused medications; however, recent environmental impact studies report that this could be having an adverse impact on the environment. While the rule of thumb is not to flush, the Food and Drug Administration (FDA) has determined that [certain medications](#) should be flushed due to their abuse potential. Read the instructions on your medication and talk to your pharmacist.
- When tossing unused medications, we need to protect children and pets from the potentially negative effects. Crush solid medications or dissolve them in water (this applies for liquid medications as well) and mix with kitty litter, coffee grounds, or sawdust (or any material that absorbs the dissolved medication and makes it less appealing for pets or children to eat), then place in a sealed plastic bag **BEFORE** tossing in the trash. (The nurse also recommends that in the childcare setting medication that has been thrown in the trash should be immediately bagged up and taken out to the dumpster).
- Remove and destroy ALL identifying personal information (prescription label) from the medication container.
- Check for approved state and local collection programs or with area hazardous waste facilities. In certain states, you may be able to take your unused medications to your community pharmacy. Research shows that pharmacists are one of the most accessible healthcare professionals. As the medication experts on the healthcare team, pharmacists are available to guide you on how to properly dispose of your unused medications.

## First Aid and CPR Classes

The following agencies/individuals offer CPR & First Aid Classes. Please call for date, time, fee and location. Also, check with your local Fire Department to see if they offer any classes.

AGENCY	PHONE #
Fairmont Red Cross	304-366-2060
Marion Co. Rescue Squad	304-363-6246
Shirley M. Kimble Training Center	800-626-4748 or 304-293-1329
Brooke County Health Dept.	304-737-3665
Wetzel Co. Hospital	304-455-8000
Sistersville General Hospital	304-652-2611
Wetzel Co. FRN	304-455-5053
Wheeling Hospital-Training Center	304-243-3569
Weirton Medical Center	304-797-6198
American Red Cross-Morgantown	304-598-9500
American Red Cross-Wheeling	304-232-0711
American Red Cross-Weirton	304-797-1600
Wheeling Fire Dept.	304-234-3726
Moundsville Fire Dept.	304-845-2050
Wetzel County EMS	304-455-5931

### 6<sup>th</sup> Annual Childhood Spring Training

Jim Harris is back and he has brought a friend...  
JIM HARRIS teams up with SAUN FLOYD to present:

This FREE training will take place on March 9, 2013 from 9am – 4pm at the WVU Mountainlair Ballroom

**Registration Deadline: February 25, 2013**

Participants on the WV STARS Career Pathway will earn six WV STARS training hours. Anyone who works with young children is invited to register to attend.

Lunch will be on your own. The Mountainlair has a variety of food options.

Social Worker CEUs are pending. Contact Beth Nair for more info: [bnair@access.k12.wv.us](mailto:bnair@access.k12.wv.us)

\*Confirmations will be sent via email only one week prior to the training

Training questions can be sent to [LucciBr@wvuhealthcare.com](mailto:LucciBr@wvuhealthcare.com) or faxed to 304-598-4946

## You're Invited

### What:

Region 1's Professional Development Advisory Council (PDAC)

### When/Where:

February 13, 2013  
Wheeling CCRC

### Who:

Any Childcare Professional interested in the professional development within our region

### Why:

It is the role of the PDAC to provide input into the professional development that is offered in Region1, which includes:

- Topics that are to be provided
- Locations that would be the best for providing the professional development
- How often and when the topics need to be provided
- Who is the best person in the region to provide the professional development
- How to spend the \$1,000 budgeted for the PDAC

For more information contact the Wheeling or Morgantown CCRC Office



## Creating a Learning Environment for Young Children

Creating a positive learning environment will enhance opportunities for young children to feel safe and supported. Child-care providers and preschool teachers realize that careful planning and classroom/home arrangement of space and equipment can facilitate learning experiences for young children.

The following is an excerpt from “**Teaching Our Youngest.**”

A positive learning environment is a place where

- Children feel safe and well cared for.
- Children are valued as individuals.
- Children’s needs for attention, approval, and affection are supported.
- Children can be helped to acquire a strong foundation in the knowledge and skills needed for school success.

Young children need preschool teachers and child care providers who

- Welcome all children to their classrooms/homes.
- Include children from various cultures.
- Include children whose first language is not English.
- Include children with disabilities.

Young children need preschool teachers and child care providers who take the time to work with them individually, in small groups, and/or the entire group

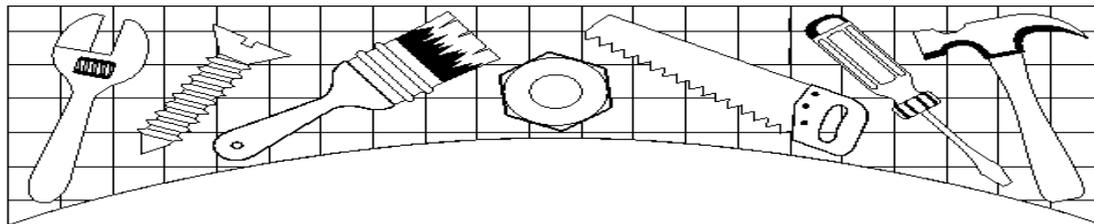
- To help them develop their cognitive and social skills.
- To help them develop their language abilities.
- To help them develop an interest in learning new things about the world.

Effective child care providers and preschool teachers

- Know when children can problem solve and figure out new ideas and concepts on their own and when it is important to explain things to them.
- Encourage children to participate in classroom activities and follow the school rules.
- Listen to what the children say and expand upon their language, building their vocabulary and background knowledge.
- Know when to teach directly, when to provide time for exploration and discovery, when to practice skills, and when to encourage creativity.
- Plan activities that have a purpose and that challenge children.
- Know how to help children learn to work together and to resolve their conflicts.
- Encourage children to respect each other’s time and personal belongings.
- Provide many opportunities for conversations between and among children and with adults.
- Know how to establish and maintain order in the classroom/home but in a manner that permits the children to learn how to participate in and enjoy learning.
- Arrange the classroom/home in a way that enhances their work with children and how children spend their time.



Janice Barnett  
*Early Childhood Specialist*  
1-800-585-1603  
Janice.c.barnett@wv.gov



## TODD'S BEHAVIOR TOOLBOX

Transition times are the points in the day when children are asked to change activities. Some major transitions during the day include arrival, lunch, nap, outside time, and departure. These times of change are often accompanied by challenging behavior if they are not well-structured and planned. Chaotic transitions can lead to frustration for both the teachers and the children. There are some steps that can be taken that may lead to smoother transitions.

Minimize the number of transitions that require the whole group to do the same thing at the same time. For example, instead of telling the entire class to go get their coats on to go outside, pull one or two children out at a time to put on their coats while the rest of the class stays engaged in their activity. This reduces the amount of time that the children spend waiting for their turn, which should reduce challenging behavior.

Plan activities to keep the children engaged throughout the transition. Position a teacher at the door to engage children as they wait to go outside. Children may sing a song as they clean-up or march as they come in from outside. Select children to move to the next activity by different characteristics. For example, "If you are wearing a red shirt, you may go wash your hands." This reduces the number of children moving at one time and keeps the other children engaged as they listen to be called.

Finally, prepare children for the transition. Provide them with a warning before changing activities. Children may become frustrated if they do not have time to finish something or are not ready to move on. Tell the children what activity they will be doing next. Refer to the picture schedule and provide individual assistance to children that may need help.



Todd Fromhart  
*Behavior Consultant*  
1-800-585-1603  
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The dictionary defines *networking* as a supportive system of sharing information and services among individuals and groups having a common interest. Collaboration with other professionals that do the same thing that you do is a valid and important part of being in a leadership role. If nothing else it gives you a chance to discuss current issues within your program with your peers. This is a therapeutic time that can ease your mind and prevent burnout. So, you may be wondering when I can get together with my fellow peers.

The CCRC is facilitating *Director's meetings* within our region. The Monongalia County Directors have been meeting every other month since April. Within these meetings directors have the opportunity to discuss issues and/or ideas that they encounter throughout their day. Some topics that have been addressed include hiring staff, dress codes, cell phone policies, and what to do if your playground has ticks! This has become a valuable time for the directors that attend.

I'm proud to announce that a second Director's meeting began in the northern panhandle- with their first meeting being held in November! Janice Barnett; Early Childhood Specialist based in the Wheeling office has been hard at work getting the word out in Ohio/Marshall and Brooke/Hancock counties. Please join our professional development team to spread the word and invite a director to any of our Director's meetings.

#### Monongalia Director's Discussion 2013 dates

- January 8<sup>th</sup>
- March 12<sup>th</sup>
- May 14<sup>th</sup>
- July 16<sup>th</sup>
- September 10<sup>th</sup>
- November 12<sup>th</sup>

For more information about these meetings please contact

Kerry Carnegie  
965 Hartman Run Rd  
Morgantown, WV 26505  
[Kerry.L.carnegie@wv.gov](mailto:Kerry.L.carnegie@wv.gov)  
304-292-7357



Information for the Wheeling and Weirton Director's meetings please contact Janice Barnett

2000 Main Street, suite 100  
Wheeling, WV 26003  
[Janice.C.Barnett@wv.gov](mailto:Janice.C.Barnett@wv.gov)  
304-232-1603

## Infant/Toddler News

In October, I was very fortunate to spend a week in Charleston, SC learning more about the Pikler Approach through the Pikler Intensive III Observation of Infants and Toddlers: Attention to Detail sponsored by the Pikler/Loczy Fund USA.

The Pikler Institute was established in 1946 by pediatrician Dr. Emmi Pikler. The City of Budapest commissioned Dr. Pikler to organize a home for infants and young children who were deprived of their parents until satisfactory living arrangements could be found. Dr. Pikler's concepts and practices included ideas on respecting the child as a person - where he/she is an active individual and is allowed to move freely in a safe environment.

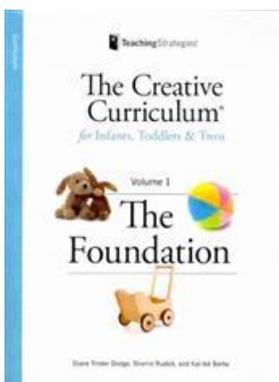
This Intensive brought Anna Tardos, the daughter of Emmi Pikler, as a co-presenter. She was the last director of the Pikler Institute and holds the position of President of the Pikler-Loczy Association in Hungary. Anna's co-presenter was Agnes Szanto-Feder. She currently sits on the Board for the Pikler-Loczy Fund USA and is on the committee for the World Forum's Working Group for the Rights of Children in Children's Homes.

This Intensive brought together professionals working on behalf of children from 7 different states in the US as well as 9 different countries. I gained a lot of knowledge from this week, more than what I can write in a short article, but I would like for all infant and toddler caregivers to at least receive a few short tips that helps put the Pikler Approach into action.

- ✓ Never pick up an infant unexpectedly into your arms in a way that is startling for them.
- ✓ Treat the infant or toddler as an active participant in the caregiving process.
- ✓ Be relaxed and calm. Never hurry. Take value in the one-on-one interaction that takes places through caregiving routines.
- ✓ The value of self-initiated activity from the earliest age i.e. allowing plenty of time on the (baby-proofed) floor for uninterrupted exploration and play.
- ✓ The value of building a trusting relationship with a consistent caregiver who is respectful of the child's personality and needs. This involves sensitive observation of the child as well as slowing down and tuning in during the daily care giving routines of dressing, feeding, bathing, diaper changing and communicating what you are doing. Taking the time to observe our babies will teach us about them and their needs.

If you would like to learn more about the Pikler Approach, visit [www.pikler.org](http://www.pikler.org)

- Tiffany Smith, *Infant/Toddler Specialist*



### - Save the Date -

April 15 & 16, 2013

Two day professional development event on  
Creative Curriculum for Infants, Toddlers and Twos  
Location - Morgantown

\*\* Must be current on WV STARS

\*\* Must have participated in WVIT PDP



## *From The Trails Room*



### How Trails can benefit you!

- Free developmentally appropriate resources (Infants – School-Age)
- One-on-One Technical Assistance
- Provider Resources( Resource Books, Assistive Technology)

### Art, A Beautiful Mess!

Take a few moments to reflect on the art experiences and activities you do with the children you work with. We know how much children enjoy arts and crafts, and we also know how messy these activities can become. Sometimes we need to remember how important art experiences are for young minds and to enjoy the development and learning that takes place, instead of focusing on the clean-up time! What we may consider a mess, is a child's creativity at work! Art experiences encompass all the developmental domains of child development. Little time and resources are needed to spark children's art experiences, enjoy this time of creativity with them!

### This Just In!

The Trails program is excited to bring to you new resources. Some new items to be looking out for include:

- Variety of blocks and manipulatives
- Infant toys
- Books
- Picnic Table
- Dramatic Play Materials
- Music CDs

### Breaking News!

We do have a variety of art supplies available for use such as painting supplies, crayons, markers, clay, playdough, etc.

Professional Development Resource Books are also available.

If interested, please let us know!

### Contact Information

**Trails Specialist:** Amy Morrow  
[amy.m.morrow@wv.gov](mailto:amy.m.morrow@wv.gov)

**Trails Associate:** Jamie Burton  
[Jamie.l.burton@wv.gov](mailto:Jamie.l.burton@wv.gov)

**Phone:** 304-232-1603



### **HELP! Is my billing payment adding up? Locating and Determining Daily Fees**

How much do I owe you? How often do I need to pay you? If these are familiar questions asked by the parents whom you provide childcare services to – you need to read this article.

Child Care providers are responsible for collecting fees from parents, which is not always an easy task. In order to know the amount that each parent is responsible to pay, you will need to have a copy of the Child Care Certificate or Provider Notification letter. The Child Care Certificate should be received directly from the parent- Section V. “Child Fee” lists the amount due beside each child’s name. The Provider Notification Letter should be sent to you by mail, directly from the Family Resource Coordinator working with each family – Section 1. “Daily Fee Amount” lists the amount due beside each child’s name. The “Child Fee” or “Daily Fee Amount” indicates the amount each family should pay - per child, per full day. The daily fee will be the same for each child. If a family has more than three children needing child care, the fee will be assessed only for the three youngest children. Parents shall not be charged for more than three children.

Fees should be collected and paid at least monthly. Child Care Providers can decide when and how often to collect these fees (options include collecting fees daily, weekly, biweekly...etc.) Once fees are paid, providers are asked to provide receipts to parents upon request. If a parent fails to pay their daily fee, you can contact your local R&R office for assistance in collecting these fees. The provider must notify the R&R in writing no later than 30 days after the date payment was due. Once this information is received, the worker shall send notice to the parent indicating if payment is not made within 13 days, child care services will be terminated.

If you are struggling to convert part days to full days using the “Fee Collection Instructions Form”, please contact your local R&R office for a billing retraining- we are always here to help.

Melissa Harvey  
*Family Resource Supervisor*

### ***Extended Office Hours***

The Morgantown & Wheeling Child Care Resource Center will continue to offer extended hours for the months of January, February, March 2013 for the convenience of our clients and providers. The 3<sup>rd</sup> Tuesday of each month, the above offices will operate on the following schedule:

<b>January 15, 2013</b>	<b>8:30 a.m. – 6:00 p.m.</b>
<b>February 19, 2013</b>	<b>8:30 a.m. – 6:00 p.m.</b>
<b>March 19, 2013</b>	<b>8:30 a.m. – 6:00 p.m.</b>



### **CCRC List Serve**

The CCRC is developing a list serve to be implemented by March 1, 2013 to distribute the Quality Times newsletter. The list serve will help us to be more environmentally friendly and economically responsible as we won’t need to print and mail as many newsletters. Please email Lisa Garrison at [Lisa.M.Garrison@wv.gov](mailto:Lisa.M.Garrison@wv.gov) with your name and email address if you would like to sign up for this great service.

## WVIT Registration

January, February, March 2013

Held in Monongalia County

CCRC Office 965 Hartman Run Road, Suite 1103, Morgantown, WV 26505

Dates as follows:

I. Administrators' Modules (MUST attend Administrator's Session and MUST be registered on STARS):

SESSION	DAY	DATE	TIME
One Session Only	Thursday	January 17, 2013	8:30 am- 3:30 pm

II. Participants Modules (MUST work with subsidized children up to 35 months for 20 hours a week or more and MUST be registered on STARS)

SESSION	DAY	DATE	TIME
Session 1	Tuesday	January 22, 2013	8:30 am- 2:00 pm
Session 2	Thursday	January 24, 2013	8:30 am - 1:00 pm
Session 3	Tuesday	January 29, 2013	8:30 am - 2:00 pm
Session 4	Thursday	January 31, 2013	8:30 am - 1:00 pm
<i>Snow Day</i>	<i>Friday</i>	<i>February 1, 2013</i>	<i>8:30-2:30 pm</i>
<i>Snow Day</i>	<i>Monday</i>	<i>February 4, 2013</i>	<i>8:30-2:30 pm</i>
TACIT 1	To be scheduled individually	February 1 – February 15	3 hours
Session 5	Tuesday	February 19, 2013	8:30 am - 1:00 pm
Session 6	Tuesday	February 26, 2013	8:30 am - 2:00 pm
Session 7	Thursday	February 28, 2013	8:30 am- 1:00 pm
Session 8	Tuesday	March 5, 2013	8:30 am- 2:30 pm
Session 9	Thursday	March 7, 2013	8:30am- 2:00 pm
Session 10	Tuesday	March 12, 2013	8:30am- 11:00 am
<i>Snow Day</i>	<i>Wednesday</i>	<i>March 13, 2013</i>	<i>8:30am- 2:30 pm</i>
<i>Snow Day</i>	<i>Thursday</i>	<i>March 14, 2013</i>	<i>8:30am- 2:30 pm</i>
TACIT 2	To be scheduled individually	March 13- March 28	3 hours

To Register contact Tiffany Smith, Infant/Toddler Specialist at 1-304-292-7357

# Child Care Resource Center Training Team Calendar for January, February, March 2013

Call any CCRC Office to Register!

### \*\*\*TRAINING REMINDERS\*\*\*

1. You MUST register at least 24 hours in advance.
2. Classes MUST have at least 5 participants registered by the day before the class is scheduled or the class will be cancelled. These trainings will not be rescheduled.
- \*Wetzel/Tyler must have at least 3 participants
3. Infants and children are not to attend the training sessions. Alternate child care arrangements need to be made in advance.
4. If you register for a class and then are unable to attend, please call the CCRC to cancel as there may be a waiting list for that class.
5. In order to receive WV STARS credit for the trainings participants must bring either their WV STARS barcode sticker or have their WV STARS number on hand.
6. **Please be on time!** If you are late, you may not receive WV STARS credit.
7. **If schools are closed in the county that the training is taking place in, the training will be canceled.**

These trainings, along with any possible additions during the quarter, are listed on-line at [www.wvearlychildhood.org](http://www.wvearlychildhood.org).

## Brook/Hancock

Wed Jan 9 6:00-8:00 PM	<p><b>Leadership in Action: How Effective Leaders Get Things Done</b> <u>Professionalism Tier 3</u></p> <p>This workshop explores the concept of leadership in the context of Early Childhood Education. It looks at the multifaceted role of the director and the skills and competencies needed to nurture leadership at all levels of the organization. Presented by Janice</p>	Follansbee Library 844 Main Street Follansbee, WV (304) 527-0860
Sat Jan 12 10:00-12:00	<p><b>All about Autism</b> <u>Child Growth &amp; Development Tier 2</u></p> <p>Participants will learn about the signs and characteristics of autism and explore strategies for working with children with autism in a child care setting. Presented by Todd</p>	Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510
Wed Jan 23 5:30-7:30 PM	<p><b>Creating Positive Caregiver-Parent Relationships</b> <u>Family &amp; Community Tier 2</u></p> <p>This workshop is based on "A Guide to Creating Partnerships with Parents" and is guided by a philosophy that recognizes each child, parent, and caregiver as a competent human being whose personal dignity and individual rate of growth and development deserve respect, support, and affirmation Presented by Janice</p>	Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510
Sat February 2 10:00-12:00	<p><b>Professional Ethics in Child Care</b> <u>Professionalism Tier 2</u></p> <p>Providers will gain an awareness of what appropriate ethical responsibilities they hold as child care providers. The Code of Ethics will be discussed as well as the difference between the Code of Ethics and personal values in the childcare setting. Presented by Janice</p>	Follansbee Library 844 Main Street Follansbee, WV (304) 527-0860
Mon February 4 5:30-7:30 PM	<p><b>For when you're dragging! Managing Stress and Preventing Burnout</b> <u>Positive Interactions and Relationships Tier 2</u></p> <p>Participants will learn tips for managing stress and preventing burnout, by taking care of themselves. Presented by Kerry</p>	Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510
Call any CCRC Office to Register!		

<p>Thurs February 7 5:30-7:30 PM</p>	<p><b>Teaching Strategy: The New Room Arrangement As a Teaching Strategy</b> <b>Author-Diane Trister Dodge</b> <u>Curriculum Tier 2</u> This workshop discusses the impact of the classroom environment on how children learn, how they relate to others, and how teachers teach. Presented by Janice</p>	<p>Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510</p>
<p>Sat February 16 10:00-12:00</p>	<p><b>Stop, Look, and Clean!</b> <u>2.1 Indoor and Outdoor Safety Tier II</u> This training will look at ways to ensure that all materials and equipment are safe and free of hazards. Providers will learn how to properly sanitize and check for hazards on educational resources that are used in the child care setting. Presented by Amy</p>	<p>Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510</p>
<p>Thurs February 28 5:30-7:30 PM</p>	<p><b>Knock Out Bullying</b> <u>Child Growth &amp; Development Tier 2</u> Participants will learn about the different types of bullying, why bullying occurs, and ways that bullying may be prevented. Presented by Todd</p>	<p>Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510</p>
<p>Tues March 19 5:30-7:30 PM</p>	<p><b>Laying Down the Foundation: Room Arrangement in Early Care Settings</b> <u>Child Growth &amp; Development and Positive Interactions &amp; Relationships Tier I</u> Come learn how you can arrange a culturally responsive environment for the children you work with each day. Key factors such as safety, developmentally appropriate materials will be discussed as well as ways the arrangement of your areas can promote learning and reduce challenging behaviors. Presented by Amy</p>	<p>Mary Weir Library 3442 Main Street Weirton, WV 26062 (304) 797-8510</p>
<p><b>Wetzel/ Tyler</b></p>		
<p>Tues January 8 6:00-8:00 PM</p>	<p><b>Stop, Look, and Clean!</b> <u>2.1 Indoor and Outdoor Safety Tier II</u> This training will look at ways to ensure that all materials and equipment are safe and free of hazards. Providers will learn how to properly sanitize and check for hazards on educational resources that are used in the child care setting. Presented by Amy</p>	<p>New Martinsville Library 160 Washington Street New Martinsville, WV 26155 (304) 455-4545</p>
<p>Tues March 5 5:00-7:00</p>	<p><b>Wetzel County In-Home Provider Association</b> <u>Professionalism Tier2</u> This session is especially for in home providers! Within this Session providers will be able to analyze ethical dilemmas and determine appropriate course of action. In home providers will be given the opportunity to talk and mentor each other about issues facing their homes and businesses. Presented by Kerry</p>	<p>New Martinsville Library 160 Washington Street New Martinsville, WV 26155 (304) 455-4545</p>
<p><b>Ohio/ Marshall</b></p>		
<p>Sat January 5 10:00-12:00</p>	<p><b>Circle of Influence: Implementing Shared Decision Making and Participative Management</b> <u>Professionalism Tier 2</u> The workshop provides a framework for analyzing Different types of decisions in child-care center management and suggests ways that directors can move toward a more participative process in achieving program goals. Presented by Janice</p>	<p>CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603</p>
<p>Tues January 8 10:00-2:00</p>	<p><b>Medication Administration</b> <u>Health Safety &amp; Nutrition Tier II</u> This session will discuss proper administration of medication in the child care settings. Participants must be WV STARS registered to attend. (Max. 20 per class) Presented by Heidi (Nurse)</p>	<p>CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603</p>

Thurs January 10 4:00-8:00	<p><b>West Virginia Early Learning Standards Framework for Infants and Toddlers</b> <u>Curriculum Tier 2</u></p> <p>This session provides an opportunity to explore the West Virginia Early Learning Standards Framework for Infants and Toddlers (WV ELSF IT). Its purpose, content, application, and benefits for professional, programs, parents, and children. Presented by Tiffany</p>	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
Sat January 19 9:00-11:00 AM	<p><b>Ohio/Marshall County In Home Provider Association Meeting</b> <u>Curriculum Tier 2</u></p> <p>Winter Wonderland of Art, each group member and facilitator will share ideas and resources to elicit the spirit of creativity of each child by offering opportunities for expression through artistic representation. Presented by Janice</p>	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
Sat January 26 10:00-12:00	<p><b>Laying Down the Foundation: Room Arrangement in Early Care Settings</b> <u>Child Growth &amp; Development and Positive Interactions &amp; Relationships Tier I</u></p> <p>Come learn how you can arrange a culturally responsive environment for the children you work with each day. Key factors such as safety, developmentally appropriate materials will be discussed as well as ways the arrangement of your areas can promote learning and reduce challenging behaviors. Presented by Amy</p>	Marshall County Library 700 Fifth Street Moundsville, West Virginia 26041 (304)845-6911
Thurs January 31 1:00-5:00	<p><b>Medication Administration</b> <u>Health Safety &amp; Nutrition Tier II</u></p> <p>This session will discuss proper administration of medication in the child care settings. Participants must be WV STARS registered to attend. (Max. 20 per class) Presented by Heidi (Nurse)</p>	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
Thurs January 31 5:00-7:00	<p><b>Making a Difference: Reporting and Preventing Child Abuse and Neglect</b> <u>Health Safety &amp; Nutrition Tier I</u></p> <p>This training is a comprehensive training session for mandated reporters of child abuse and neglect. Presented by Heidi (Nurse)</p>	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
Sat February 9 10:00-12:00	<p><b>All about Autism</b> <u>Child Growth &amp; Development Tier 2</u></p> <p>Participants will learn about the signs and characteristics of autism and explore strategies for working with children with autism in a child care setting. Presented by Todd</p>	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
Tues February 26 6:00-8:00 PM	<p><b>Laying Down the Foundation: Room Arrangement in Early Care Settings</b> <u>Child Growth &amp; Development and Positive Interactions &amp; Relationships Tier I</u></p> <p>Come learn how you can arrange a culturally responsive environment for the children you work with each day. Key factors such as safety, developmentally appropriate materials will be discussed as well as ways the arrangement of your areas can promote learning and reduce challenging behaviors. Presented by Amy</p>	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
Sat March 2 10:30-12:30	<p><b>Knock Out Bullying</b> <u>Child Growth &amp; Development Tier 2</u></p> <p>Participants will learn about the different types of bullying, why bullying occurs, and ways that bullying may be prevented. Presented by Todd</p>	Marshall County Library 700 Fifth Street Moundsville, West Virginia 26041 (304)845-6911
Wed March 13 12:00-2:00	<p><b>All About Allergies!</b> <u>Health Safety &amp; Nutrition Tier II</u></p> <p>This training is designed to teach what allergies are and the body's response to allergies; as well as types of allergies; prevention and symptom management and a review regulations and recommended policies for managing a child with an allergy. Presented by Heidi (Nurse)</p>	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603
Wed March 13 2:00-4:00	<p><b>Making a Difference: Reporting and Preventing Child Abuse and Neglect</b> <u>Health Safety &amp; Nutrition Tier I</u></p> <p>This training is a comprehensive training session for mandated reporters of child abuse and neglect. Presented by Heidi (Nurse)</p>	CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603

Call any CCRC Office to Register!

<p>Sat March 16 10:00-12:00</p>	<p><b>Stop, Look, and Clean!</b> <u>2.1 Indoor and Outdoor Safety Tier II</u> This training will look at ways to ensure that all materials and equipment are safe and free of hazards. Providers will learn how to properly sanitize and check for hazards on educational resources that are used in the child care setting. Presented by Amy</p>	<p>CCRC Main Office 2000 Main Street Wheeling WV 26003 (304) 232-1603</p>
<p>Tues March 19 6:00-8:00 PM</p>	<p><b>Providing Culturally Sensitive Care</b> <u>Family &amp; community Tier 2</u> This workshop is intended to help caregivers gain an understanding of the importance of cultural and linguistic consistency between home and childcare for very young children; an awareness of their own cultural influences and biases; and an ability to utilize the strategies of acknowledging, asking, and negotiating to resolve cultural differences in the child care setting. Presented by Janice</p>	<p>Marshall County Library 700 Fifth Street Moundsville, West Virginia 26041 (304)845-6911</p>
<p><b>Monongalia/Marion</b></p>		
<p>Monday January 7 5:30-7:30 PM</p>	<p><b>West Virginia ELSF Preschool</b> <u>Child Growth &amp; Development Tier 2</u> This session provides an opportunity to explore the West Virginia Early Learning Standards Framework for Preschool: its purpose, content application, and benefits for professionals, programs, parents, and children. Presented by Kerry</p>	<p>Marion County Public Library 321 Monroe Street Fairmont, WV 26554 (304) 366-1210</p>
<p>Sat January 12 9:00-11:00</p>	<p><b>For when you're dragging! Managing Stress and Preventing Burnout</b> <u>Positive Interactions and Relationships Tier 2</u> Participants will learn tips for managing stress and preventing burnout, by taking care of themselves. Presented by Kerry</p>	<p>CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Wed January 16 10:00-12:00</p>	<p><b>Leadership in Action: How Effective Leaders Get Things Done</b> <u>Professionalism Tier 3</u> This workshop explores the concept of leadership in the context of Early Childhood Education. It looks at the multifaceted role of the director and the skills and competencies needed to nurture leadership at all levels of the organization. Presented by Janice</p>	<p>CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Thurs January 17 6:00-8:00 PM</p>	<p><b>All about Autism</b> <u>Child Growth &amp; Development Tier 2</u> Participants will learn about the signs and characteristics of autism and explore strategies for working with children with autism in a child care setting. Presented by Todd</p>	<p>CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Thurs January 24 10:00-2:00</p>	<p><b>Medication Administration</b> <u>Health Safety &amp; Nutrition Tier II</u> This session will discuss proper administration of medication in the child care settings. Participants must be WV STARS registered to attend. (Max. 20 per class) Presented by Heidi (Nurse)</p>	<p>CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Sat January 26 10:00-12:00</p>	<p><b>Great Places To Be A Baby: Infants' &amp; Toddlers' Learning Environments</b> <u>Curriculum Tier 2</u> This training is designed to introduce caregivers to developmental needs and appropriate environments of infants and toddlers. The target audience for this training is caregivers working with children from age's birth to 3. Presented by Tiffany</p>	<p>Valley Chapel CDC 1511 Pleasant Valley RD Fairmont, WV 26554 (304)366-3982</p>
<p>Sat February 9 9:00-11:00 AM</p>	<p><b>West Virginia ELSF Preschool</b> <u>Child Growth &amp; Development Tier 2</u> This session provides an opportunity to explore the West Virginia Early Learning Standards Framework for Preschool: its purpose, content application, and benefits for professionals, programs, parents, and children. Presented by Kerry</p>	<p>CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>

Call any CCRC Office to Register!

<p>Wed February 13 10:00-12:00</p>	<p><b>Creating Positive Caregiver-Parent Relationships</b> <u>Family &amp; Community Tier 2</u> This workshop is based on "A Guide to Creating Partnerships with Parents" and are guided by a philosophy that recognizes each child, parent, and caregiver as a competent human being whose personal dignity and individual rate of growth and development deserve respect, support, and affirmation Presented Janice</p>	<p>Marion County Public Library 321 Monroe Street Fairmont, WV 26554 (304) 366-1210</p>
<p>Monday February 25 6:00-8:00 PM</p>	<p><b>Great Places To Be A Baby: Infants' &amp; Toddlers' Learning Environments</b> <u>Curriculum Tier 2</u> This training is designed to introduce caregivers to developmental needs and appropriate environments of infants and toddlers. The target audience for this training is caregivers working with children from age's birth to 3. Presented by Tiffany</p>	<p>CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Wed February 27 10:00-12:00</p>	<p><b>All About Allergies!</b> <u>Health Safety &amp; Nutrition Tier II</u> This training is designed to teach what allergies are and the body's response to allergies; as well as types of allergies; prevention and symptom management and a review regulations and recommended policies for managing a child with an allergy. Presented by Heidi (Nurse)</p>	<p>CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Wed February 27 1:00-3:00 PM</p>	<p><b>Making a Difference: Reporting and Preventing Child Abuse and Neglect</b> <u>Health Safety &amp; Nutrition Tier I</u> This training is a comprehensive training session for mandated reporters of child abuse and neglect. Presented by Heidi (Nurse)</p>	<p>CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Wed March 13 6:00-8:00 PM</p>	<p><b>Teaching Strategies: Learning to Look, Looking to Learn</b> <u>Child Observation &amp; Assessment Tier 2</u> This workshop will help educators who work with young children to acquire the skills to consistently and systematically observe in appropriate ways to learn about children, evaluate their program, and measure children's progress. Presented by Janice</p>	<p>CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Thurs March 14 10:00-12:00</p>	<p><b>Providing Culturally Sensitive Care</b> <u>Family &amp; community Tier 2</u> This workshop is intended to help caregivers gain an understanding of the importance of cultural and linguistic consistency between home and childcare for very young children; an awareness of their own cultural influences and biases; and an ability to utilize the strategies of acknowledging, asking, and negotiating to resolve cultural differences in the child care setting. Presented by Janice</p>	<p>Marion County Public Library 321 Monroe Street Fairmont, WV 26554 (304) 366-1210</p>
<p>Sat March 16 10:00-12:00</p>	<p><b>"Through The Ages"</b> <u>Child Observation and Assessment Tier 2</u> Participants will explore Ages and Stages as a screening tool and to modify the classroom setting to meet the individual needs of young children. Presented by Wendy Miller and Tiffany</p>	<p>New Beginnings 101 North Metro Drive Morgantown WV 26501 (304) 292-4963</p>
<p>Sat March 16 1:00-3:00</p>	<p><b>All About Allergies!</b> <u>Health Safety &amp; Nutrition Tier II</u> This training is designed to teach what allergies are and the body's response to allergies; as well as types of allergies; prevention and symptom management and a review regulations and recommended policies for managing a child with an allergy. Presented by Heidi (Nurse)</p>	<p style="text-align: center;"><b>Super Saturday</b></p>

<p>Monday March 25 9:30-1:30</p>	<p align="center"><b>Medication Administration</b> <u>Health Safety &amp; Nutrition Tier II</u></p> <p>This session will discuss proper administration of medication in the child care settings. Participants must be WV STARS registered to attend. (Max. 20 per class)</p> <p align="right">Presented by Heidi (Nurse)</p>	<p align="center">CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Monday March 25 2:00-4:00</p>	<p align="center"><b>Making a Difference: Reporting and Preventing Child Abuse and Neglect</b> <u>Health Safety &amp; Nutrition Tier I</u></p> <p>This training is a comprehensive training session for mandated reporters of child abuse and neglect.</p> <p align="right">Presented by Heidi (Nurse)</p>	<p align="center">CCRC Morgantown 965 Hartman Run Rd Morgantown, WV 26505 (304) 292-7357</p>
<p>Tuesday March 26 1:00-3:00</p>	<p align="center"><b>Knock Out Bullying</b> <u>Child Growth &amp; Development Tier 2</u></p> <p>Participants will learn about the different types of bullying, why bullying occurs, and ways that bullying may be prevented.</p> <p align="right">Presented by Todd</p>	<p align="center">Marion County Public Library 321 Monroe Street Fairmont, WV 26554 (304) 366-1210</p>



We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is *New Year's Day*.



~Edith Lovejoy Pierce





Our mission is to provide quality services to children and families which will enrich their lives and empower them to achieve their fullest potential.

We are a community service organization that works with parents, child care providers and community organizations and help promote the availability of quality child care in our 8 county area.

Please enjoy our updated website, with more information and resources. Feel free to call your local office with any questions or comments.

We're on the Web!  
See us at:  
[www.ccrwv.org](http://www.ccrwv.org)



## Region 1 Offices

### Ohio & Marshall County:

2000 Main Street, Suite 100  
Wheeling, WV 26003  
304-232-1603 or  
800-585-1603

### Monongalia County:

965 Hartman Run Rd., Suite 1103  
Morgantown, WV 26505  
304-292-7357 or  
888-272-7357

### Marion County:

309 Cleveland Avenue, Suite 209  
Fairmont, WV 26554  
304-366-3615 or  
304-534-6473

### Brooke & Hancock County:

3622-B West Street  
Weirton, WV 26062  
304-748-2007 or  
800-456-6607

### Tyler & Wetzel County:

1236 North State Route 2  
New Martinsville, WV 26155  
304-455-0920